

# Community Health Assessment Update (Continued)

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LLCHD Board of Health Meeting

November 10, 2015

**MAPP VISION: A thriving community  
where all people are safe and healthy.**



# Community Themes and Strengths Assessment

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The Community Themes and Strengths Assessment is intended to answer the questions such as:

- What is important in our community?
- How is the quality of life perceived in our community?
- What assets do we have that can be used to improve community health?

**CTS Survey: Now, thinking about what you know from your personal experiences and/or the experiences of others you know, what do you think are the 3 most important "health problems" in your community (problems that have the greatest impact on overall community health)? [Which would be the first to address?]**

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- Mental/behavioral health issues
- Obesity
- Substance or drug abuse/overdose
- Health disparities/inequities
- Diabetes
- Aging problems
- Cancers
- Heart disease and stroke
- Child abuse/neglect
- Domestic violence
- Suicide
- Infectious disease
- High blood pressure
- Teenage pregnancy
- Sexually transmitted diseases
- Dental problems
- Unintentional injuries
- Respiratory/lung disease
- Rape/sexual assault

# Forces of Change Assessment

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The Forces of Change Assessment answers questions such as:

- What is occurring or might occur that affects the health of our community or the local public health system?
- What specific threats or opportunities are generated by these occurrences?

**Events are one-time occurrences**, such as a natural disaster, or the passage of new legislation.

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- Development of the Innovation Campus
- Antelope Valley/Arena Positives
- Big Ten opportunities (research and reputation)
- Passage of the breastfeeding-in public law
- New early child research
- Affordable Care Act
- 2008 Recession
- Health 360 Clinic

**Factors are discrete elements, such as a community's large college-age population.**

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- Brain drain (2012)
- Lincoln's low unemployment rate
- CHE existence and flexibility in funding health projects
- Great recreational opportunities—parks and trails
- Lincoln's strong school system
- Lincoln is a great planning community
- Public utility costs are reasonable
- Antelope Valley project helps to prevent flooding
- Protected bike way—bike sharing—Star Tran bike rack

**Factors are discrete elements, such as a community's large college-age population.**

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- The long-standing non-profits in Lincoln
- Innovation Campus is a positive addition
- Economic conditions overall
- Backpack program in the schools
- Good air and water quality
- Global access
- Health 360 (not the clinic)
- Hospitals in Lincoln are active and communicate with one another.
- Independent physicians and LCMS

# Factors are discrete elements, such as a community's large college-age population.

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- “Girls on the Run” (3<sup>rd</sup>-6<sup>th</sup> grade) is a positive
  - Almost everyone can get a medical home, but awareness and education is lacking.
  - Diversity and new cultures in Lincoln with different needs
  - Lincoln's well educated and under-paid population
  - Inadequate cross-walks for pedestrians and bicyclists
  - Travel times across Lincoln are long and getting longer.
  - Language difficulties (50+ in LPS)
  - Poverty that is expanding and hidden—free and reduced lunch percentages are high
  - The pressure on the working poor

**Factors are discrete elements, such as a community's large college-age population.**

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- The pressure on the working poor are many
- Immigration issues
- Food distribution/food insecurity
- Homeless population due to domestic abuse
- Primary care providers in North/Northeast Lincoln is low
- Lack of enough behavioral health services for children
- Some providers (i.e., People's Health Center) are backlogged
- Suicide rates among the young and old

**Factors are discrete elements, such as a community's large college-age population.**

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- PTSD issues at Cedar's
- Child welfare/foster care awareness
- ACA is positive and a negative
- Issues related to homelessness
- Domestic violence
- Near homeless numbers
- Easy access to guns
- Incarceration rates especially among certain populations
- Entitlement mentality (ER use)

**Trends are patterns over time**, such as migration in and out of a community or a growing elderly population.

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- Mid-level practitioners are growing in numbers
- Increase personal interest in prevention
- Increased interest in biking.
- Substance abuse increases/increased awareness
- Reductions in the percent of smokers
- More living generations
- Growth in Lincoln—however mostly to the South and Southeast

**Trends are patterns over time**, such as migration in and out of a community or a growing elderly population.

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- Increased cultural/racial diversity
- City and county population growth
- Strong green movement
- Social media growth
- Wellness programs growth in state
- Behavioral health breakthroughs (no need for hospital care due to meds)

**Trends are patterns over time, such as migration in and out of a community or a growing elderly population.**

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- Baby boomers are aging—half of elders have no savings for retirement
- Dementia increases (and more Alzheimer's disease)
- Gas prices have gone way up—now heading down
- Increasing income inequality
- Longer waiting lists for health care providers
- Prescription drug abuse is rising
- Use of marijuana and K2 like substances
- Vulnerable populations continue to be a risk for health problems

**Trends are patterns over time**, such as migration in and out of a community or a growing elderly population.

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- Drivers distracted by texting or talking on the phone
- Increases in obesity/childhood obesity and increased awareness
- Alcohol consumption remains high
- Prematurity rates due to lack of appropriate prenatal care
- Tension between public and private sectors
- Growing dissatisfaction with government performance
- Later marriages; delayed childbirth
- Fatigue in non-profit community

# Ten Essential Services of Public Health

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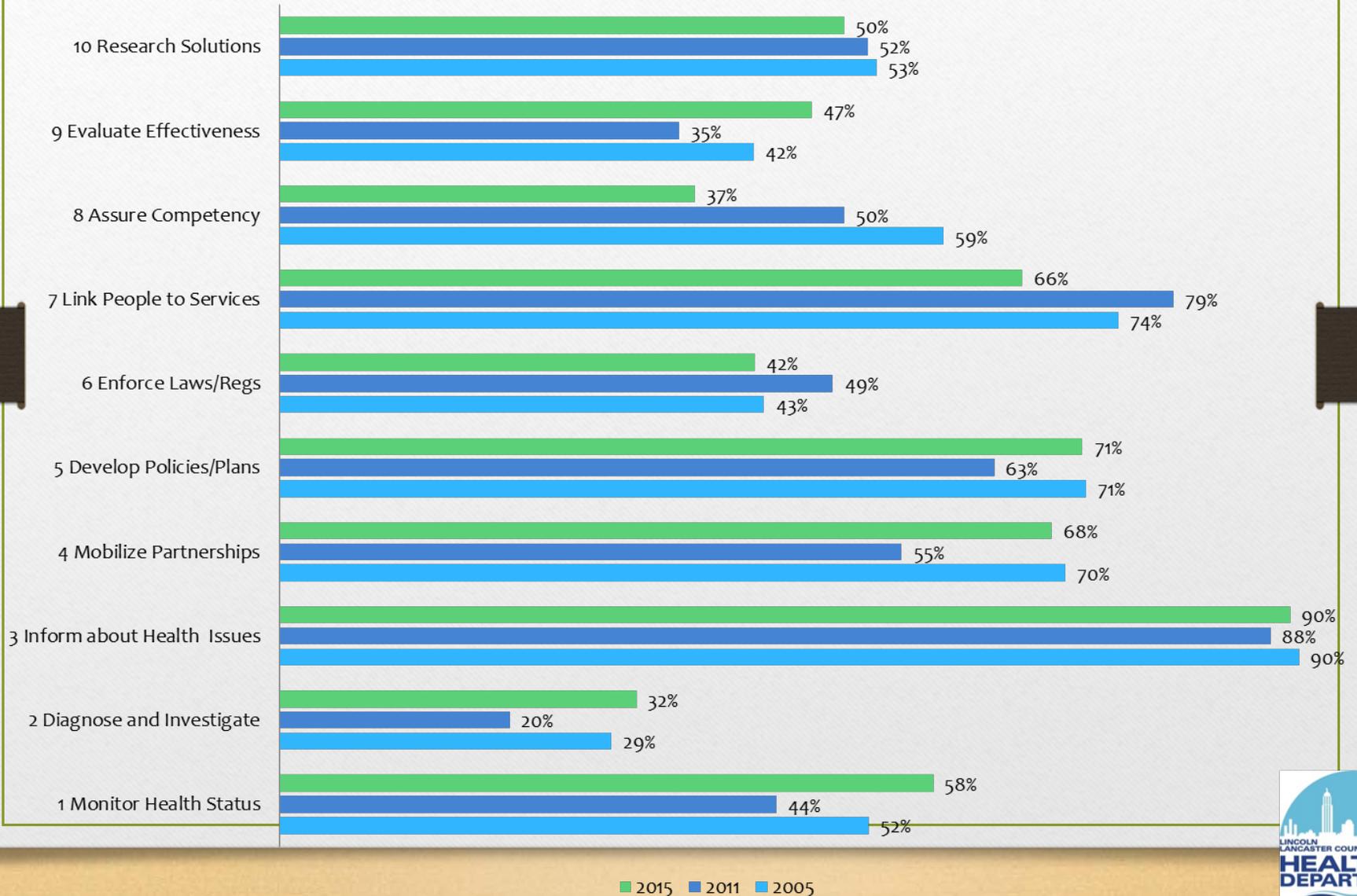
- Monitor Health
- Diagnose and Investigate
- Inform, Educate and Empower
- Mobilize Community Partnerships
- Develop Policies
- Enforce Laws
- Link to/Provide Care
- Assure Competent Workforce
- Evaluate
- Research

# Public Health System Assessment

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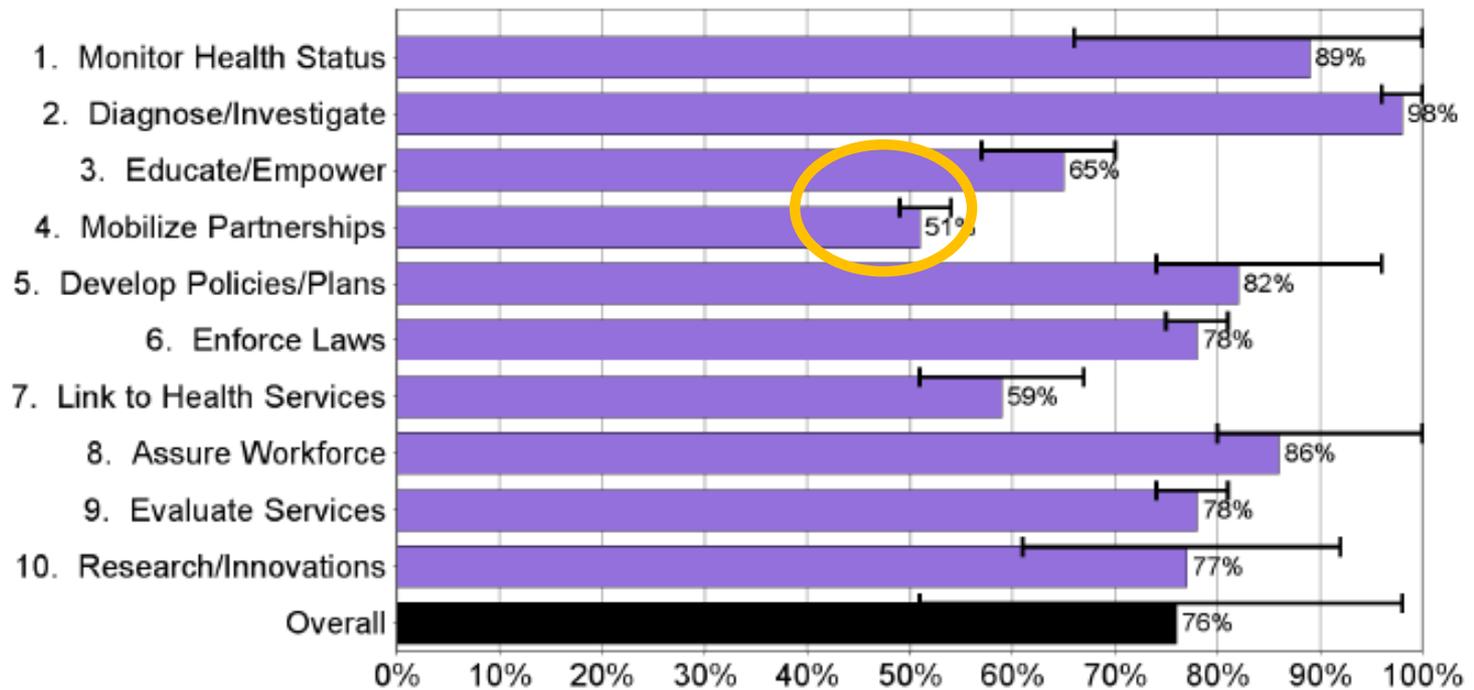
- <https://www.surveymonkey.com/r/PFG9K3Z>
- Survey agencies and organizations that make up our local public health system.
- Conduct the Local Public Health Performance Standards evaluation.

## Ten Public Health Essential Services, MAPP Survey Results for 2005, 2011 and 2015



# NPHPS Results—Local Public Health System [EPHS = Essential Public Health Service]

Figure 1: Summary of EPHS performance scores and overall score (with range)



# Highest Ranked Issues

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- Diabetes (overall & minorities)
- Excessive and Binge Drinking
- Distracted Driving
- Obesity
- Mental Health
- Hypertension
- Inadequate Prenatal Care
- Physical Inactivity
- Violence/Abuse
- Suicide (15-24)
- Falls (elderly)
- Substance Abuse (including prescription drugs)
- Heart Disease
- Smoking
- Breast Cancer Mortality
- LBW Babies (African Americans)
- Uninsured/Access (including behavioral health & dental)

# Community Health Improvement Plan (2015)

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Four Priorities remain the same:

- Access to care
  - Behavioral Health
  - Injury Prevention
  - Chronic Disease Prevention
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- CHIP Committees have been asked to report progress, review goals and objectives and modify any strategies that need to be changed.

# Next Steps

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- Finalize the Community Health Profile and CHIP and send them to participants to review and comment.
- Post to the web page, issue a press release and ask for public comment.
- Review comments and finalize the updated CHA and CHIP to be sure that they also meet the accreditation standards.

# Discussion and Questions?

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- Home →
- [Communicable Disease](#)
- [Epidemiology](#)
- [Geographic Information Systems](#)
- [Mobilizing for Action through Planning & Partnerships](#)
- [Public Health Emergency Planning](#)
- [Data & Reports](#)

## Community Health Assessment (MAPP) Information

**Community Themes and Strengths Surveys**

[English Version](#)  
[Spanish Version](#)



City of Lincoln  
 Health Department  
 Health Data & Evaluation

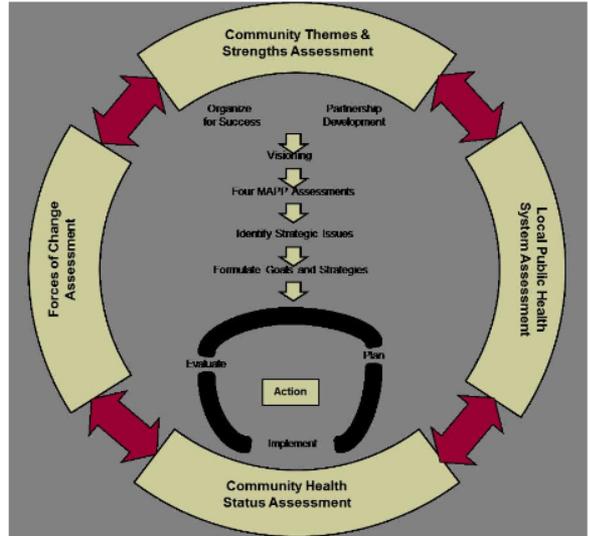
Steve Frederick,  
 Manager  
[sfrederick@lincoln.ne.gov](mailto:sfrederick@lincoln.ne.gov)  
 3140 N St  
 Lincoln, NE, 68510 USA

Tel 402-441-8094  
 Fax 402-441-4607

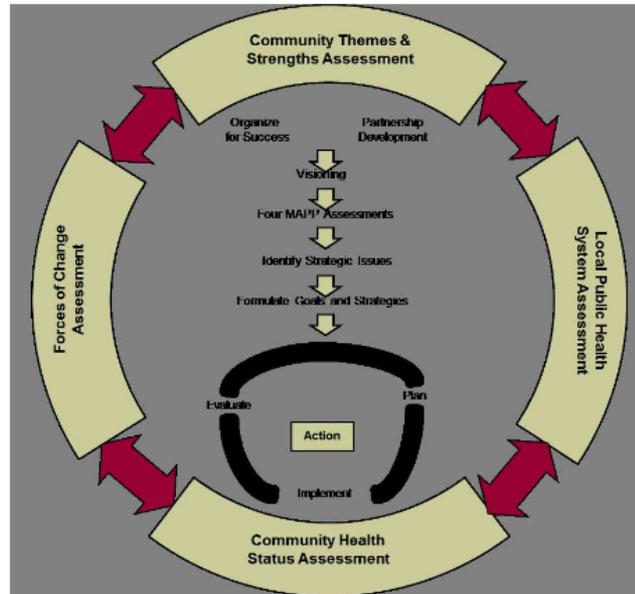
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As one of our public health functions the Lincoln-Lancaster County Health Department routinely assesses the health status in the community. We do so to analyze trends, inform and educate ourselves and our partners, target services and evaluate the progress of our many programs.

In addition to this ongoing, routine assessment, every three to five-years we engage in a much broader community health assessment. The last time we conducted a comprehensive community health assessment utilizing the MAPP (Mobilizing for Action through Planning and Partnerships) model from the National Association of City and County Health Organizations (NACCHO) was in 2010-2011. Currently, the Health Department is once again engaging our partners and the community in a macro look at health status and related issues in Lincoln and Lancaster County. We have started the process by convening a committee composed of members who are representative of the community to help us assess the current health of the community, strategize and set priorities for improving outcomes over the next three to five years. The diagram shown below is a schematic representation of the steps involved.



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The MAPP model or approach is available [here](#).

While the LLCHD is conducting the community health assessment we are utilizing this portal to share information with the committees and anyone else who is interested in the material and progress made in the assessment. The information on this page will include meeting materials, links to data sources, survey information as well as links to related documents.

## Documents

- [October 15, 2015 Meeting PowerPoint PDF](#)
- [August 27, 2015 Meeting PowerPoint PDF](#)
- [July 16, 2015 Meeting PowerPoint PDF](#)
- [June 25, 2015 Meeting PowerPoint PDF](#)
- [April 23, 2015 Meeting PowerPoint PDF](#)
- [May 21, 2015 Meeting PowerPoint PDF](#)
- [MAPP Vision, Vision Priorities and Guiding Principles PDF](#)
- [Survey Monkey survey for public comment on the MAPP page.](#)

## Links:

- [Community Public Health System Survey](#)

