

# Healthy Families America- Lincoln



# Healthy Families America—Lincoln Model

- **Healthy Families America (HFA)** is an evidence-based home visitation model implemented by Prevent Child Abuse America in 1992 after decades of research.
- **MISSION:** *To promote child well-being and prevent the abuse and neglect of our nation's children through home visiting services.*



# Healthy Families America—Lincoln

## *History*

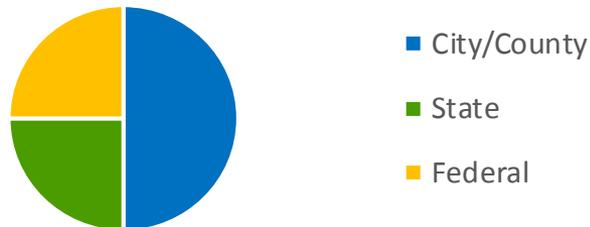
- Pilot project began in partnership with CEDARS Youth Services in 2008 with four home visitors. In 2011 ALL home visitors in MCH transitioned to the model and we continue to partner with CEDARS in staffing the program. In 2014 we became accredited.
- While HFA is a non-medical model, at LLCHD we combine public health nursing with social work for health and safety outcomes. Nurses attend joint visits with outreach workers to assess pregnancy and newborn health.



# Healthy Families America—Lincoln Staff

- **We have 16 Home Visitors including:**  
*8 Public Health Nurses & 8 Community Outreach Specialists*
- **4 Home Visitors are Bilingual or Multi-lingual in:**  
*Arabic, French, Vietnamese, Spanish, American Sign Language*
- **Breastfeeding Certification Includes:**  
*6 Certified Lactation Counselors (CLC's) and 2 International Board Certified Lactation Consultants (IBCLC's)*

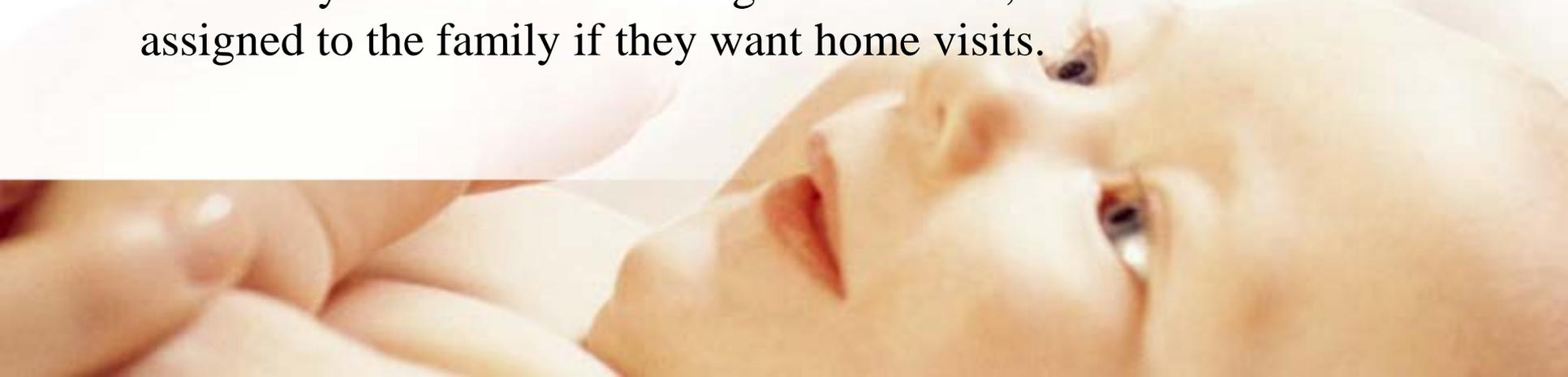
**Home Visitors by Funding Source**



# Healthy Families America—Lincoln

## *Eligibility/Enrollment*

- Families must live in Lancaster County and be expecting a baby or have an infant less than 3 months old.
- We utilize 2 systematic tools that effectively determine which families in the community will most benefit from intensive home visiting services.
- If a family is determined eligible, services are offered at no cost and participation is voluntary.
- If a family is low risk and ineligible for HFA, a student nurse is assigned to the family if they want home visits.



# Healthy Families America—Lincoln

## *Program Services*

- Offered prenatally until child turns 3 years old
- Weekly visits, intensity decreases with age
- Visits may focus on: Family goal planning; pregnancy & infant care; child development; housing, education and/or employment assistance; breastfeeding support; building support system; linking to community resources.
- Screen and make referrals for:
  - **Developmental Delays (ASQ-3)**
  - **Substance Abuse (UNCOPE)**
  - **Mental Illness (CES-D)**
  - **Family Violence**
  - **Family Planning**



# Healthy Families America—Lincoln

## 2014 Client Demographics

### RACE

70% - Caucasian  
11% - African American  
8% - Asian  
5% - Unreported  
3% - Multi-Racial  
2% - American Indian  
1% - Other

### ETHNICITY

78% - Non-Hispanic/Latino  
22% - Hispanic/Latino

### PRIMARY LANGUAGE

73% - English  
11% - Spanish  
5% - Arabic  
3% - Vietnamese  
2% Kurdish  
1% - French  
1% - Karen  
1% - Burmese  
3% - Other: *Albania, Chinese, Farsi, Korean, Russian, Urdu*

**Families Served, 2014: 295**  
**Families Served, YTD 2015: 329**  
***Current Caseload: 253***



# Healthy Families America—Lincoln

## *2014 Statistics*

- Screened 649 high risk mothers
- Performed 168 family assessments
- Enrolled 106 new families
- Provided 4,035 home visits



# Healthy Families America—Lincoln *2014 Program Indicators & Outcomes*

**INDICATOR:** No more than 5% of children will have substantiated reports of child maltreatment.

**OUTCOME:** In the 68 children served through federal funds, there was one substantiated report of child maltreatment filed with CPS (1.5%).



# Healthy Families America—Lincoln

## *2014 Program Indicators & Outcomes*

**INDICATORS:** At least 90% of children are connected to health insurance. And, at least 75% receive the recommended vaccines for one year of age.

**OUTCOME:** 97% of children (*and 95% of mothers*) received health care insurance and had a primary care physician. 88% had received the recommended vaccines.



# Healthy Families America—Lincoln *2014 Program Indicators & Outcomes*

**INDICATOR:** At least 90% of children will meet developmental milestones.

**OUTCOME:** 96% of children served experienced no developmental delays. The 4% with suspected delays received referral and further services through Lincoln Public Schools.



# Healthy Families America—Lincoln *2014 Program Indicators & Outcomes*

**INDICATORS:** At least 75% of mothers will initiate breastfeeding, at least 60% will breastfeed for six weeks, and at least 40% will breastfeed for six months.

**OUTCOME:** 88% of mothers initiated breastfeeding, 75% breastfed for six weeks, and 42% breastfed for six months.



# Healthy Families America—Lincoln

## *Cultural Competency/Client Satisfaction*

### Home visitor respectful in regards to race & ethnicity

- Always: 98%
- Sometimes: 2%
- Never: 0%

### Home visitor respects cultural background

- Always: 97%
- Sometimes: 3%
- Never: 0%

### Overall Quality of Services

- Excellent: 84%
- Good: 13%
- Fair: 3%

### Satisfaction with Information

- Excellent: 78%
- Good: 22%
- Fair: 0%





# Healthy Families America—Lincoln *Cultural Competency/Client Satisfaction*

## **AREAS LIFE HAS IMPROVED SINCE HOME VISITATION BEGAN**

- 94% - Taking Care of My Child
- 92% - Health Care of My Child
- 84% - Social Support System
- 80% - Ability to solve My Problems
- 78% - Coping with Stress
- 76% - My Happiness





# Healthy Families America-Lincoln

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