

**Lincoln-Lancaster County Health Department
Community Health Hub Program**

The Health Hub is a contracted program with the Nebraska Department of Health and Human Services, Division of Public Health, Women’s and Men’s Health Program.

Stated Purpose: The purpose of this contract is to implement evidence-based strategies within communities to increase preventive screenings and the adoption of healthy lifestyles in adults with emphasis in women 40-75 years of age, Men 50-75 years of age, and populations with disparate health needs.

Nebraska Local Health Department Health Hubs

2014 – 4

2015 – 11

2016 – 20

Scope of Services: The Lincoln-Lancaster County Health Department will have trained Community Health Workers to conduct outreach efforts in the community using evidence-based strategies. Brief encounters will be utilized to conduct basic health assessments and opportunities to schedule individualized health coaching sessions. In addition, health navigation services will be offered to link individuals to other services in the community and ensure they have a medical home where they can receive high-quality preventive screening, follow-up, and treatment services.

Samia Gamie is the trained Community Health Worker with the Health Hub program in our Health Promotion and Outreach Division.

Summary May 2015 – May 2016

Brief Encounters (Initial health assessments)	Health Coaching	Community Linkages (Referrals to other needed services)
268 individuals	166 health coaching sessions with 78 individuals	221 individuals helped with finding other resources in the community