

# Youth and Electronic Cigarettes

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*Lincoln-Lancaster County Health Department*



# Shape of the City April 2018

- <https://youtu.be/yYhdDI51voQ>



JUUL



Bo



GPriv



Sourin



Phix



Von Erl



My Jet



Cync



Traditional E-Cigarettes



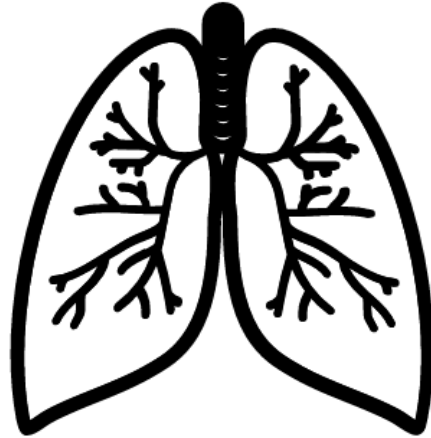
# Myth About Vaping

"It's just harmless water vapor."

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There isn't enough research, but why does that give the green light to vape?

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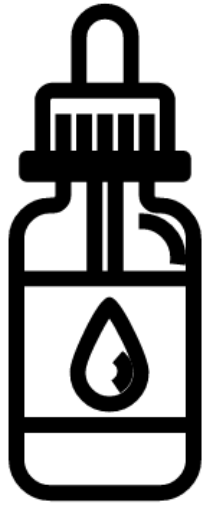


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Oral cavity, esophagus, and lungs are part of a delicate microbiome

# E-Juice Contains:

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Nicotine (optional)

Fine metal particulates (cadmium and nickel)

Vegetable glycerin

Propylene glycol

Aldehyde

Acetoin

Flavor ingredients and dyes

Still harmless?

# Nicotine Affects Brain Development

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Pregnancy



Adolescents



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Socks and shoes



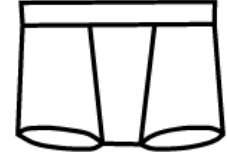
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Highlighters



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Waistband/Pockets



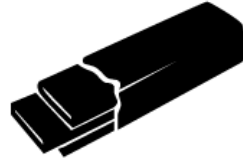
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Undergarmets



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Pencil Case



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Gum or Altoid Box



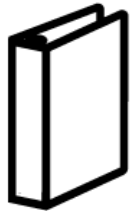
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Wallet



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Beanies/Hats



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Folders/Binders/Notebooks



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Sharpies



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Feminine Product Wrappers



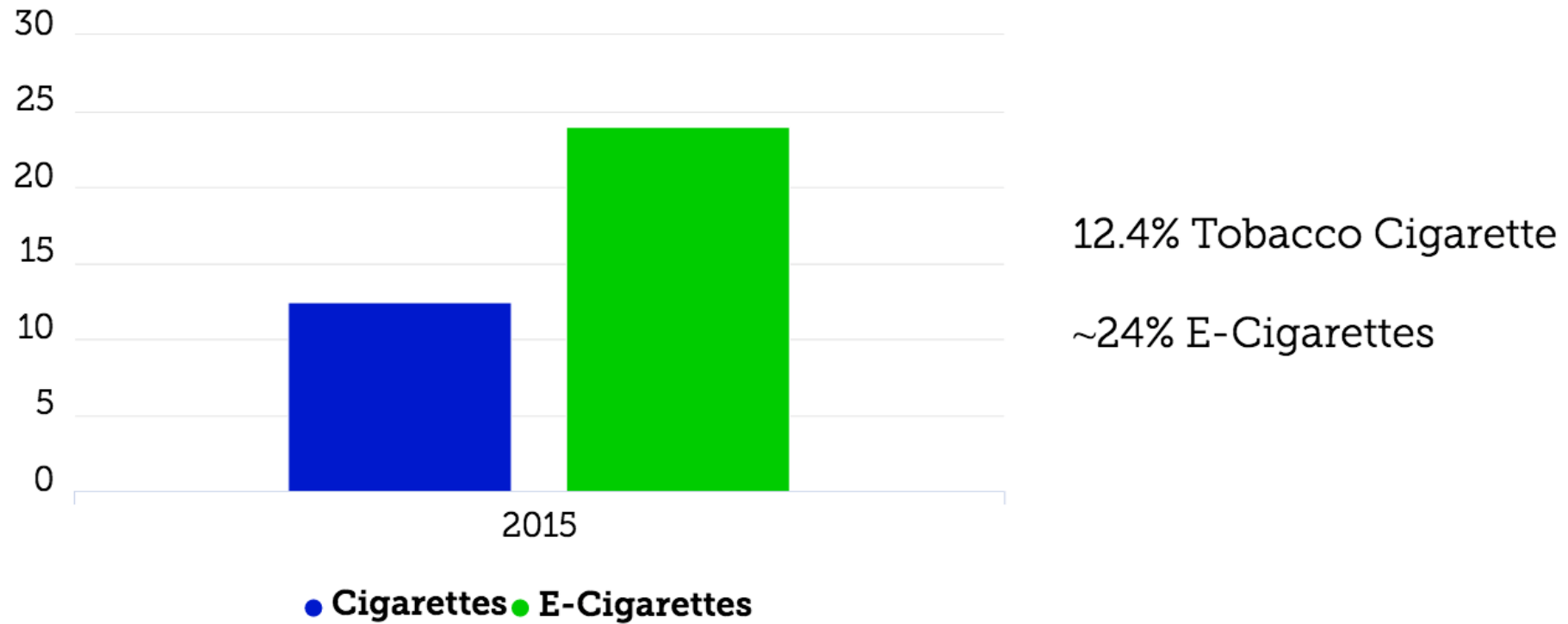
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Bathrooms



# YRBS 2015

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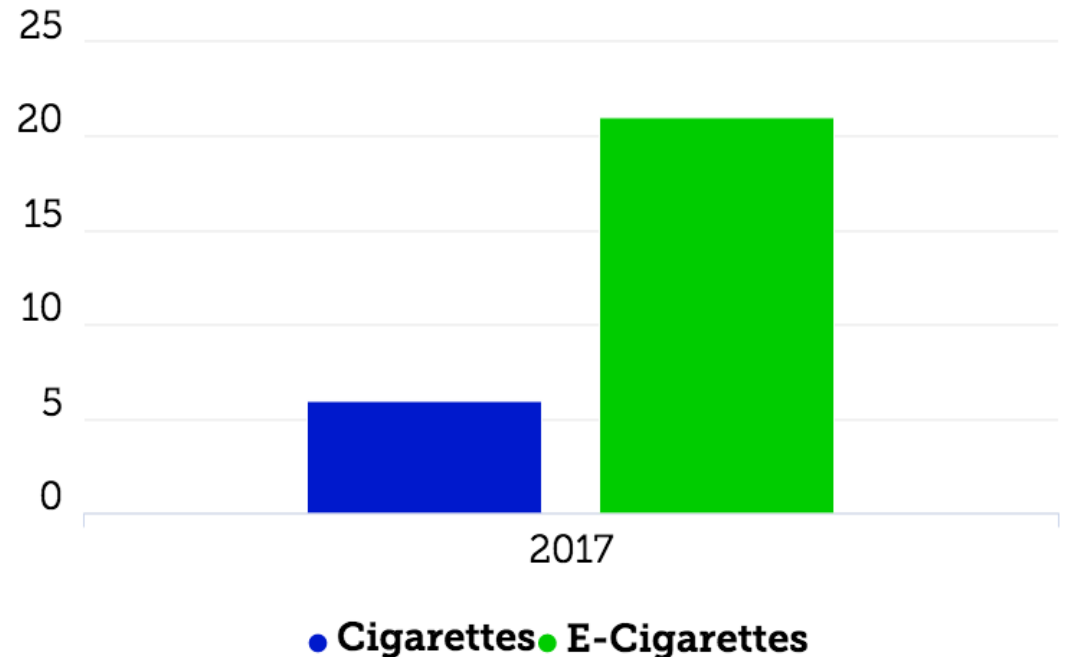
# Lincoln Lancaster County Compliance Checks

Percentage of store clerks that sold to underage youth.

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6% Non-compliance rate for tobacco cigarettes

21% E-Cigarettes



# Gateway to Tobacco Cigarettes

Preventive Medicine Journal; n = 7,926

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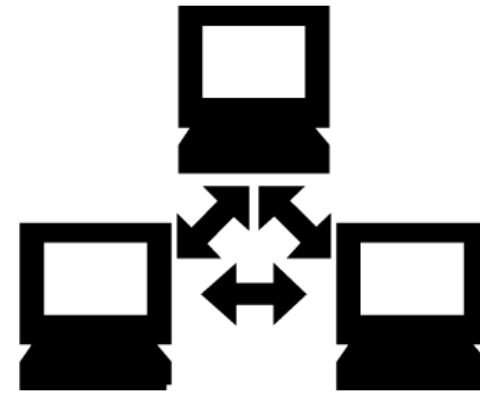
People who use e-cigarettes are **7x** more likely to initiate smoking cigarettes a year later.

<https://www.ncbi.nlm.nih.gov/pubmed/29360481>

# The Tobacco Team is Increasing Awareness

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- CLC Staff Meeting Presentation
- Shape of the City and LNKTV Health PSA
- Channel 8 Midday Forum
- Channel 10/11 Morning Forum
- TFLC Social Media
- Video and Presentations for:
  - Lancaster County and Faith-Based Schools
  - Dentists and Pediatricians
  - Community Partners



For more information:

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[tobaccofreelancastercounty.org](http://tobaccofreelancastercounty.org)



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1-800-QUIT-NOW (784-8669) ages 16+

*Funding provided by the Nebraska Department of Health and Human Services/Tobacco Free Nebraska Program as a result of the Tobacco Master Settlement Agreement.*