

# UNMC Health Clinic

*Routine health care at low or no cost.*

## Downtown Center

1005 "O" St., Lower Level  
Transportation, call 402-441-7506.

Clinic services are available to people age 60 years and over. **Please bring a list of your prescriptions and over-the-counter medications.**

### Services Available

- Comprehensive foot care
- Ear wax removal
- Blood glucose screenings
- Blood pressure screenings
- Cholesterol screenings
- Health promotion education

A \$15 suggested contribution will enable us to continue to provide services.

**No  
Appointments  
Necessary!**



Pat Mehmken, RN with Aging Partners, and a University of Nebraska Medical Center student nurse assist a client at the health clinic with foot care.

## New schedule

- Thursdays, 9:30 a.m. to 1:30 p.m.  
Sept. 14, 21 and 28 (all services)  
Oct. 5, 12, 19 and 26  
Nov. 2, 9, 16 and 30  
Dec. 7

**For more information,  
call 402-441-7575.**