

Bike to Work, Lincoln! **Friday, May 14, 2010**

(Rain date Monday, May 17)

It's a great way to kick off "Bike to Work Week" May 17th through 21st! Bike to work along one of Lincoln's great trails Friday, May 14th. Join local celebrities at **7:30 a.m.** at one of these four locations, and bike as a group to Centennial Mall:

- **Peter Pan Park, 32nd and "Y" streets**
- **Champions Club, Stadium Drive**
- **Lincoln Children's Zoo, 27th and "B" streets**
- **Salt Creek Levee Trail, west end of "A" Street viaduct (route map on back)**

HELMETS REQUIRED!

RALLY TIME!

A rally at **8 a.m.** on Centennial Mall outside the State Office Building will feature refreshments, exhibits and drawings for prizes!

For more information, visit lincoln.ne.gov or contact Mike Heyl, Public Health Educator, Lincoln Lancaster County Health Department, mhey1@lincoln.ne.gov, 441-3889

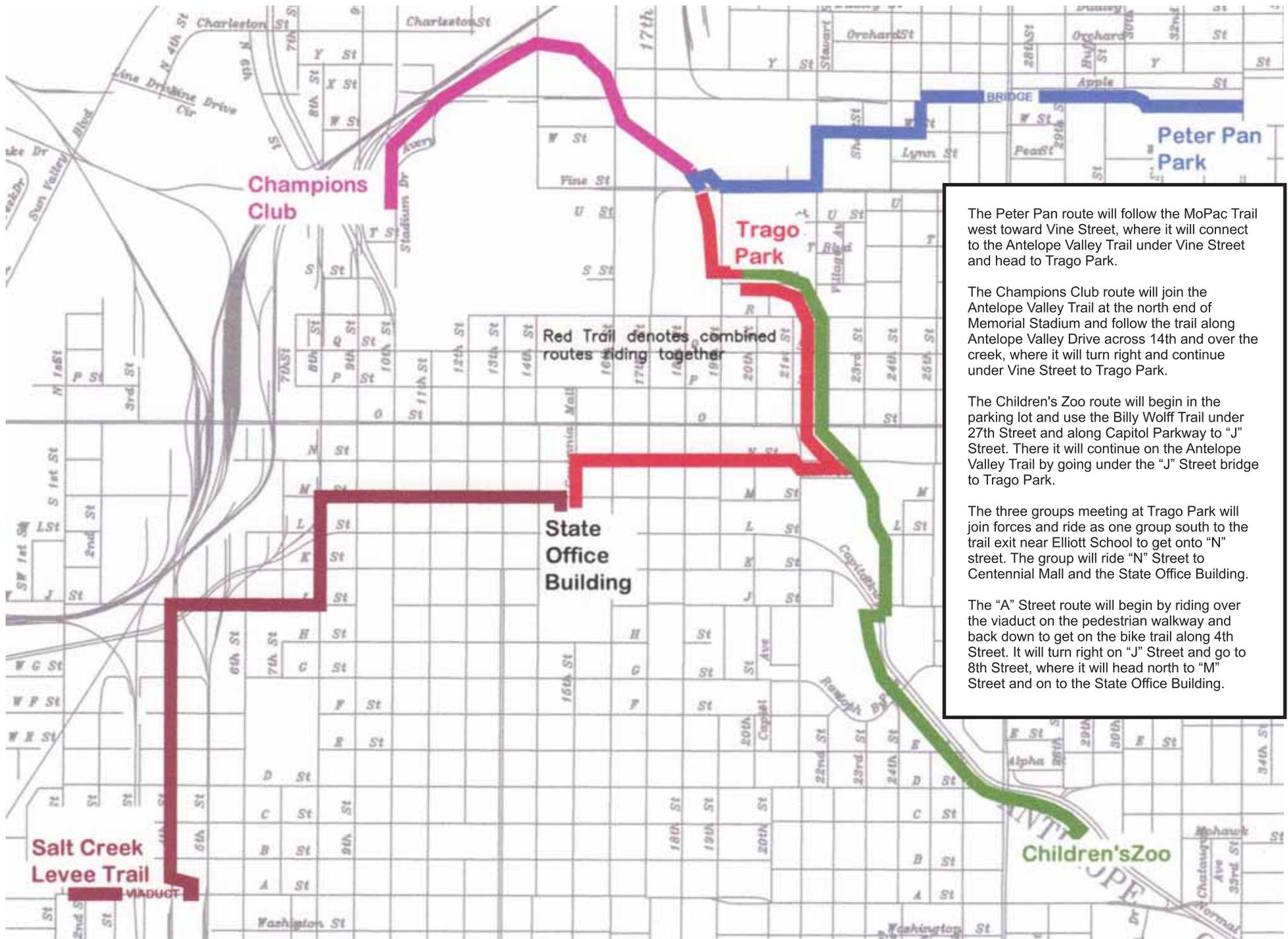
Don't forget:

- **Biketacular May 22**
For more info: lincoln.ne.gov, Jon Carlson, Stronger Safer Neighborhoods, jcarlson@lincoln.ne.gov, 441-7224

- **Trail Trek June 27**
For more info: journalstar.com/trailtrek; Bike Rack 488-2101; Cycle Works 475-2453

The City of Lincoln thanks its "Bike to Work" partners:

Bike Pedalers
Bike Rack
Cleaner Greener Lincoln
Cycle Works
Great Plains Bicycling Club
Great Plains Trails Network
Lincoln Safe Kids Coalition
Mayor's Pedestrian/Bicycle Advisory Committee
Workwell



The Peter Pan route will follow the MoPac Trail west toward Vine Street, where it will connect to the Antelope Valley Trail under Vine Street and head to Trago Park.

The Champions Club route will join the Antelope Valley Trail at the north end of Memorial Stadium and follow the trail along Antelope Valley Drive across 14th and over the creek, where it will turn right and continue under Vine Street to Trago Park.

The Children's Zoo route will begin in the parking lot and use the Billy Wolff Trail under 27th Street and along Capitol Parkway to "J" Street. There it will continue on the Antelope Valley Trail by going under the "J" Street bridge to Trago Park.

The three groups meeting at Trago Park will join forces and ride as one group south to the trail exit near Elliott School to get onto "N" street. The group will ride "N" Street to Centennial Mall and the State Office Building.

The "A" Street route will begin by riding over the viaduct on the pedestrian walkway and back down to get on the bike trail along 4th Street. It will turn right on "J" Street and go to 8th Street, where it will head north to "M" Street and on to the State Office Building.