

CALVERT RECREATION CENTER SUMMER DAY CAMP 2016

CAMP 2

Week 11: August 1-5
Theme: Olympics

Phone: 402-441-8480
parks.lincoln.ne.gov/calvert

SPIRIT THEME:	CRAZY HAIR DAY	SPORTS DAY	CALVERT SPIRIT	TIE DYE DAY	PAJAMA DAY	
	Monday	Tuesday	Wednesday	Thursday	Friday	
7:00-8:15	Lobby/Breakfast	Lobby/Breakfast	Lobby/Breakfast	Lobby/Breakfast	Lobby/Breakfast	
8:15-8:30	Squads	Squads	Squads	Squads	Squads	
8:30-9:00	Expectations (WR)	Olympics History (WR)	Play Day Prep	Modern Olympians (WR)	Daily Silent Read (WR)	
9:00-9:30	Apply Sunscreen 1. Silent Read (WR) 2. OSSP 3. Flying Disc Golf (HP) 4. Gym Choice(Gym)	Apply Sunscreen 1. Discus Throw(F) 2. Gameroom	Play Day @ Woods Park (33rd & J)	Apply Sunscreen 2 Rotation 1. Field Hockey (Field) 2. 4x1 Relay (Gym)	3 Rotation 1. Yoga (122) 2. Archery (1-2 HP) 3. Gameroom	
9:30-10:00		Apply Sunscreen 1. Henry Park 2. Silent Read (WR)		2 Rotation 1. Gameroom 2. Pickleball (Gym)		Snack
10:00-10:30				Apply Sunscreen 1. Henry Park 2. Olympic Craft (WR)		
10:30-11:00		Apply Sunscreen outside. Swimming at Eden Pool (4400 Antelope Creek Rd)				
11:00-11:30	2 Rotation 1. Field Hockey (TC) 2. Olympic Craft (WR)			2 Rotation 1. Gym Choice 2. Nutrition ED (WR)	Lunch	
11:30-12:00	Lunch	Lunch				
12:00-12:30	Apply Sunscreen Henry Park	Apply Sunscreen OSSP		Field Trip Prep		
1:00-1:30	Apply Sunscreen	Scatterball (Gym)		Field Trip to Rock Solid Gymnastics (610 Hill St. Lincoln, NE) Please wear pink camp shirt.	Lunch	
1:30-2:00	1. Psych (WR) 2. Ring Bean Bag Toss (Gym)	Apply Sunscreen			Jeopardy (WR)	
2:00-2:30	1. Hide and Seek (HP) 2. Head Catch (WR)	1.Psych (WR) 2. Handball (Gym)			Apply Sunscreen 2 Rotation 1.Smearo (3-5) (GYM) 2. OSSP (1-2)	
2:30-3:00		Basketball Tournament (Gym)	Dance Dance Revolution (WR)			
3:00-3:30	Snack	Snack	Snack (WR)			
3:30-4:00	100 M Dash (Field)	Weekly Read Aloud (WR)	Silent Read (WR)	Return to Calvert (Snack)	Gym Choice(GYM)	
4:00-4:30	Hockey (Gym)	Character Counts (WR)	Gym Choice	Distance Throw (Gym)	2 Rotation 1. Gameroom 2. Head Catch/Psych (WR)	
4:30-5:00	Psych (WR)	Bingo (WR)	Knockout (Gym)	Silent Read (WR)		
5:00-5:30	Big Game	Big Game	Big Game	Big Game	Big Game	
5:30-6:00	Carpet Time	Carpet Time	Carpet Time	Carpet Time	Carpet Time	

PLEASE UPDATE YOUR EMAIL ADDRESS AT THE FRONT COUNTER IF YOU ARE NOT RECEIVING OUR WEEKLY PARENT NEWSLETTER!



Inhale. Exhale.

Enjoy yoga in Henry Park with Calvert Rec. Center

Saturday, August 6
9:00-9:45 a.m. (meet at the park shelter)

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