



# Irving Recreation Center Camp Energy Newsletter

Summer 2011

Week 10 [August 1—5]

## IMPORTANT REMINDERS:

- Our camp rules are “Be safe. Be respectful. Be responsible.”
- Pack a sack lunch for your child. Microwave use will not be an option.
- Wear tennis shoes to camp. Sandals and flip-flops are not safe options for camp activities.
- Leave valuables at home (including money, portable video games, etc.)
- Label your sunscreen with your camper’s name.
- Do not hesitate to ask when you have questions or comments.



## CAMP ENERGY

Only two weeks of Camp left! It has been an amazing summer, and I know that we will end it on a great note. We will be continuing with our fitness post tests as well as various activities throughout the week geared toward graduating from the Wise Kids program next week.

## THIS WEEK’S HIGHLIGHTS

### Monday

Tennis and Swimming today! Be sure to remember your swimsuits, sunscreen, and towels. We will swim at Irvingdale Pool from 11:30 to 1:00 and will be doing a variety of special interest activities in the afternoon.

### Tuesday

We will be going to the library at 9:00 in the morning followed by tennis lessons. Active and inactive game rotations are scheduled for the afternoon.

### Wednesday

Today we will be swimming. Our theme this week is Messy Day. Please bring a change of clothes that you don’t mind getting messy!

### Thursday

Today is our field trip day and we will be going to Adventure Golf. We will be picked up from the rec. center at 11:45 and will not return until 3:00. Please plan your rides to and from camp accordingly!

### Friday

Today is Play Day! Play Day is an annual event where all the Parks and Rec Camps are invited to compete in a variety of field events (Mancala, box hockey, relays, etc.). This year Play Day will be held at Woods Park from 12:30-3:30. Campers will leave the rec. center at 9:30 and return by 4:30 p.m., so make sure to pack a sack lunch that can be thrown away! We invite families to come and cheer your camper on at Play Day! Please watch the front desk for more information that is to come on Play Day 2011!

## PARENT SURVEYS

Parent surveys are available this week at the front counter and can also be completed online (see our weekly email newsletter). The survey takes approx. 3 minutes to complete, and the information we receive is extremely valuable to us as we gauge the effectiveness of our programs. Thanks in advance for taking a moment to share a little about your family’s experience at Irving Rec. Center this summer!