

# Irving Recreation Center Day Camp Newsletter

## Important Reminders

Our camp rules are:

- Be safe
- Be respectful
- Be responsible

Pack a sack lunch for your child in an insulated container. Microwave use will not be an option.

Wear tennis shoes to camp. Sandals and flip-flops are not safe options for camp activities.

Leave valuables at home (including money, cell phones, portable video games, etc.)

Label sunscreen and water bottles with your camper's name.

Do not hesitate to ask when you have questions or comments.

## Contact Us

402-441-7954

dpayzant@lincoln.ne.gov  
parks.lincoln.ne.gov



## Grades K-2

### Welcome!

This summer our camp will be focusing on the six pillars of character. We will be doing activities and reading stories that relate to the six pillars and reinforcing the idea of being a kid of character throughout each day's activities.

## THIS WEEK'S HIGHLIGHTS

### Monday

No camp due to Memorial Day.

### Tuesday

In the morning we will be playing active games. In the afternoon we'll be doing games that are Olympic themed.

### Wednesday

In the morning we will be playing active games. From 11:30-1:00 we will go swimming at Irvingdale Pool. Please bring your swimsuit, towel, and sunscreen. In the afternoon we will be doing centers.

### Thursday

In the morning we will be going on our field trip to Hollywood Bowl. We will leave the center at 9:00 and return at 11:15. In the afternoon we'll be going to the Irvingdale Park and playing active games.

### Friday

In the morning we'll be doing clubs and our fitness tests. Please bring a container for water. In the afternoon we'll be walking to the South Branch Library to check out and read books. Please bring a library card if you have one. We'll also do a club in the afternoon.

**Fitness Focus:** Cardiovascular Endurance

-Alexa, K-2 Camp Director

## EMAIL NEWS

Don't miss a newsletter and have other important weekly information delivered directly to your inbox! Update your email address with the rec. center office to make sure you stay current on all there is to know about Summer Day Camp at Irving Recreation Center.

*FUN*damental  
healthy me

A focused program where youth grow