

Irving Recreation Center

Summer Day Camp

Grades K-2



Important Reminders

Our camp rules are:

- Be safe
- Be respectful
- Be responsible

Bring meals in an insulated container. Refrigeration and microwaves are not available.

Wear tennis shoes to camp. Sandals and flip-flops are not safe options for camp activities.

Leave valuables at home (including money, cell phones, portable video games, etc.)

Label sunscreen and water bottles with your name.

Do not hesitate to ask when you have questions or comments.

Contact Us

402-441-7954

FOOD DRIVE

Don't forget this week is the last week of Irving Day Camp's food drive to benefit the Lincoln Food Bank. Our food drive has been planned and organized by youth in our Irving 5-7 Day Camp. The camp that donates the most food by Thursday, July 24 will earn an afternoon frozen yogurt party!

THIS WEEK'S HIGHLIGHTS

Monday

We will be doing clubs in the morning. In the afternoon, we will be doing fitness centers and a craft. Campers will also participate in an Organize Wise Guys club along with active games.

Tuesday

We will be playing active games in the morning. In the afternoon, campers will participate in Odds and Ends games.

Wednesday

Tennis is optional this week. In the morning, we will be doing yoga and tennis. Those who have not signed up for tennis will be going to Irvingdale Park. We will be going swimming at Irvingdale Pool from 11:30 to 1:00. Please remember to send your camper with their swimsuit, towel, and sunscreen. In the afternoon, campers will be take part in challenge and garden activities.

Thursday

We will begin our day with yoga and tennis. Those who have not signed up for tennis will play active games. We will also go swimming at Irvingdale Pool from 11:30 to 1:00. Please remember to send your camper with their swimsuit, towel, and sunscreen. In the afternoon, campers will participate in Planet Earth Club and game centers.

Friday

We will be going to the Omaha Zoo for a center wide field trip. **We will leave the center at 9:00 and will not return until 5:00.** Don't miss the bus, because there won't be any Day Camp Leaders left here! Please be sure to send your child in their green day camp shirt. Also, campers should bring a backpack with a sack lunch, sunscreen, and a water bottle. Campers should dress in clothes that are appropriate for the weather and tennis shoes.

TELL US WHY YOU ♥ YOUR PARKS & REC

In the past century, Lincoln's park and recreation system has grown to become one of the best in the nation. Yet many don't realize that every day, countless number of people of all ages enjoy Lincoln's 125 parks, 131 miles of trails, seven recreation centers, and five golf courses. July is national Parks and Recreation Month and this week we'll be asking our day camp families what they **love about parks and recreation** and why parks and recreation are so important in our lives!

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A focused program where youth grow