



# IRVING RECREATION CENTER

## SUMMER DAY CAMP 2014

### Grades 3-4

## Important Reminders

Our camp rules are:

- Be safe
- Be respectful
- Be responsible

Bring meals in an insulated container. Refrigeration and microwaves are not available.

Wear tennis shoes to camp. Sandals and flip-flops are not safe options for camp activities.

Leave valuables at home (including money, cell phones, portable video games, etc.)

Label sunscreen and water bottles with your name.

Do not hesitate to ask when you have questions or comments.

## Contact Us

402-441-7954

## Happy 4<sup>th</sup> of July!

We have a busy week planned celebrating the 4<sup>th</sup> of July! We will be using paper towel and toilet paper rolls for our craft on Thursday, so please have your camper bring in those items instead of throwing them away. Remember, there is no camp on Friday, July 4<sup>th</sup>. Our Wise Kids lesson this week will be about muscles. Make sure to ask your camper how their muscles work together to keep their body strong! -Jennifer

## THIS WEEK'S HIGHLIGHTS

### Monday

We will be swimming at Irvingdale Pool today from 11:30 to 1:00. Don't forget your swimsuit, towel, and sunscreen. In the afternoon we will have clubs. Campers will get to pick two clubs of their choice!

### Tuesday

We will be going to the South Branch Library today from around 9:50-11:45 to attend the "Fizz, Pop: Spark, Boom!" science program. If your camper would like to check out books, please have them bring their library card and a bag for them to carry their books. We will be going to Laser Quest and Bethany Park today as well. We will leave the center at 1:40 and return around 3:45. Please have your camper wear their gray T-shirt.

### Wednesday

Today we will be swimming at Irvingdale Pool from 11:30 until 1. Please remember to have your camper bring their swimsuit, towel, and sunscreen. Later, campers will get to participate in archery and outside games!

### Thursday

We will spend most of the day celebrating the 4<sup>th</sup> of July! Campers will make a fun 4<sup>th</sup> of July craft and play themed games. In the afternoon campers will have a chance to practice a song for Uncle Sam Jam, along with fitness and nutrition activities!

### Friday

No Camp--Happy 4<sup>th</sup> of July!

## UNCLE SAM JAM PERFORMANCE

Parks and Recreation Summer Day Camp participants across the city are learning "You're a Grand Old Flag" this week and are invited to sing at the Uncle Sam Jam celebration at Oak Lake Park on Thursday, July 3. If your child would like to participate in the performance, feel free to pick them up early to arrive at Oak Lake no later than 2:30 p.m. Campers will gather in front of the stage and children will be given flags to wave while they sing. Come for the performance and stay for the fun and fireworks!