



IRVING RECREATION CENTER

SUMMER DAY CAMP 2016

Grades 3-4

Important Reminders

Our camp rules are:

- Be safe
- Be respectful
- Be responsible

Bring meals in an insulated container. Refrigeration and microwaves are not available.

Wear tennis shoes to camp. Sandals and flip-flops are not safe options for camp activities.

Leave valuables at home (including money, cell phones, portable video games, etc.)

Label sunscreen and water bottles with your name.

Do not hesitate to ask when you have questions or comments.

Contact Us

402-441-7954 (Rec.Center)
 402-405-6608 (K-2 phone)
 402-405-6609 (3-4 phone)
 402-405-6610 (5-7 phone)

Welcome to Summer Day camp

We are so excited to meet you all! Please make sure you read through the important reminders to the left to ensure a great summer for all participants. The first week will be full of awesome activities and plenty of get-to-know-you games to help campers make new friends. We will be focusing on teamwork activities and games, learning about becoming an Olympian, participating in fitness activities and making some pretty cool crafts! Our field trips are on Thursdays, so please have your camper wear their camp shirt on this day.

THIS WEEK'S HIGHLIGHTS

Monday

We will start off the morning with Camp Rules and Expectations and Fitness Testing. Be sure your child wears appropriate running shoes and comfortable active attire! In the afternoon, we will break into our squads for the week, learn about the Olympics, spend some time outside and create a big Irving flag for our classroom!

Tuesday

In the morning, we will walk to South Branch Library and we will spend time checking out some books for the week. Please remember to bring your library card. At this time, campers are encouraged to sign up for the summer reading program. After lunch, we will be doing a Scavenger Hunt, Balloon Tennis, Scratch Paintings and some more get-to-know-you games!

Wednesday

We will start off working on measuring and getting ingredients together to make Pita Pizzas and Energy Bites for our healthy snack, followed by outside activities and learning about Electricity through active play. After lunch, we will make our own Olympic medals out of clay, make "All About You" flags and participate in a crazy UNO workout!

Thursday

Field Trip Day! Wear your orange shirt! In the morning, we will introduce Zeus, one of the 12 Olympians. We will learn about weather and electricity through experiments. After lunch, we will leave the Rec at 12:00pm to go to Hollywood Bowl. We will return at 3:00pm.

Friday

BINGO! It's Friday! We will start off the morning playing Olympic Bingo and learning about the character pillars. After lunch, we will make paper mosaics and participate in our Fitness Friday activity: a relay and obstacle course!

Just to let you know.

No swimming, Tennis or Yoga this week. We can't wait to start it up for Week Two!

FCU*N*damental
 healthy me

A focused program where youth grow