



IRVING RECREATION CENTER

SUMMER DAY CAMP 2016

Grades 3-4

Important Reminders

Our camp rules are:

- Be safe
- Be respectful
- Be responsible

Bring meals in an insulated container. Refrigeration and microwaves are not available.

Wear tennis shoes to camp. Sandals and flip-flops are not safe options for camp activities.

Leave valuables at home (including money, cell phones, portable video games, etc.)

Label sunscreen and water bottles with your name.

Do not hesitate to ask when you have questions or comments.

Contact Us

402-441-7954 (Rec.Center)
 402-405-6608 (K-2 phone)
 402-405-6609 (3-4 phone)
 402-405-6610 (5-7 phone)

The Road to Rio: Week 7

Welcome to Week 7 of Summer Day Camp! We're going to learn about a different country and practice our Olympian skills on ice this week!

Please be sure to send your child with closed-toe athletic shoes every day, even if we are swimming.

THIS WEEK'S HIGHLIGHTS

Monday

NO CAMP TODAY! Happy Independence Day!

Tuesday

In the morning, we will take a walk to South Branch Library. Please send your library card if your child has one! In the afternoon, we will be playing tennis, doing some yoga and learning about Olympic games!

Wednesday

We will start off the morning with some craft time! Then we will spend our late morning swimming at Irvingdale Pool. Remember your swim suit, a towel, sun screen and flip flops for the pool! After swimming, we will play active games.

Thursday

It's Field Trip Day! Please remember to wear your orange shirt! In the morning, we will do a group craft. After lunch, we will be practicing our Olympian skills at Breslow Ice Skating Rink from 12:30-3:30pm.

Friday

We will start off our "Fitness Friday" with an active game and workout to improve our fitness scores! Next we will go swimming at Irvingdale Pool. Remember your swim suit, a towel, sun screen and flip flops for the pool! After lunch, we will learn about Japan and participate in the Team Choice of the week!