



IRVING RECREATION CENTER

SUMMER DAY CAMP 2016

Grades 5-7

Important Reminders

Our camp rules are:

- Be safe
- Be respectful
- Be responsible

Bring meals in an insulated container. Refrigeration and microwaves are not available.

Wear tennis shoes to camp. Sandals and flip-flops are not safe options for camp activities.

Leave valuables at home (including money, cell phones, portable video games, etc.)

Label sunscreen and water bottles with your name.

Do not hesitate to ask when you have questions or comments.

Contact Us

402-441-7954 (Rec.Center)
 402-405-6608 (K-2 phone)
 402-405-6609 (3-4 phone)
 402-405-6610 (5-7 phone)

Welcome to Summer Day camp: Challenge Week

Welcome to the first week of camp! Please make sure you read through the important reminders to the left to ensure a great summer for all participants. We are very excited to have you here at Irving Day Camp. This summer we will focus on team building skills! This week we will learn about each other and our surroundings. We have fun things planned this week with active games and learning how to work together. We will also have time set aside to do some reading, so make sure your camper brings a book! Be sure that campers wear closed-toe shoes, wear sunscreen and bring water bottles and backpacks to camp each day. Our Field Trips are on Fridays, so please have your camper wear their camp shirt on this day.

THIS WEEK'S HIGHLIGHTS

Monday

In the morning we will start our day in the classroom going over camp expectations and fitness testing, so please wear clothes and shoes that so you can be active. In the afternoon we will participate in a team building activity called air lock.

Tuesday

We will start our morning in the classroom trying to build the tallest cup tower, then proceeding outside to do a scavenger hunt. In the afternoon we will continue our team building with mine fields and a ladder crawl.

Wednesday

This morning we will continue with team building activities. We will be doing spider webs and islands. Later in the day we will have a fun obstacle course set up, so bring your running shoes!

Thursday

S.P.U.D. Our morning will consist of playing a dodgeball game called SPUD. In the afternoon we will have a rotation between crafts and disc golf.

Friday

Field Trip day! Please remember to wear your camp shirt and a backpack today! We will be going out to Holmes lake. We are leaving at 11:45 a.m. and returning around 2:45 p.m. We will be eating lunch on our field trip, so please put it in your back pack.

Just to let you know.

No swimming, Tennis or Yoga this week. We can't wait to start it up for Week Two!