



# IRVING RECREATION CENTER

## SUMMER DAY CAMP 2016

### Grades 5-7

## Important Reminders

Our camp rules are:

- Be safe
- Be respectful
- Be responsible

Bring meals in an insulated container. Refrigeration and microwaves are not available.

Wear tennis shoes to camp. Sandals and flip-flops are not safe options for camp activities.

Leave valuables at home (including money, cell phones, portable video games, etc.)

Label sunscreen and water bottles with your name.

Do not hesitate to ask when you have questions or comments.

## Contact Us

402-441-7954 (Rec.Center)  
 402-405-6608 (K-2 phone)  
 402-405-6609 (3-4 phone)  
 402-405-6610 (5-7 phone)

## Olympic Week

Welcome to Olympic week! This week we will learn about the Olympics, participate in several competitions and crafts. We will also have Play day and a tennis tournament. Please remember a water Bottle this week!

Please take time to let us know your opinion by filling out our online parent survey at <https://www.surveymonkey.com/r/parksreparent>

## THIS WEEK'S HIGHLIGHTS

### Monday

In the morning we will participate in a shorter version of a Triathlon. In the afternoon we will go swimming at Irvingdale Pool. Please remember to bring your sunscreen, swimsuits, towels, and flip flops! We will finish our day with play day practice.

### Tuesday

We will start out our day making Laurel crowns and playing ring toss. In the afternoon we will have yoga. We will finish out with Pass the Balloon and Play day practice. Today two of our campers will be competing in a tennis tournament against the other rec centers at the Irvingdale park Tennis courts.

### Wednesday

**Today is Play day.** Make sure to wear your Orange shirt! Please have your kids here by 8:30. We will be going to the area in front of Woods pool to compete against other rec centers! We would like to have as many of the campers come today, to help participate and cheer on the other campers! We will also be swimming at woods today so please remember to bring your sunscreen, swimsuits, towels, and flip flops.

### Thursday

Today we will be taking the city bus to Tierra park and Star City Shores. We will leave the center at 9:00 to catch the bus at 9:25. We will return to the rec at around 4:00 pm. So please remember to bring sunscreen, swimsuits, towels, and flip flops!

### Friday

**Field Trip day!** Please remember to wear your camp shirt today for we are going to Hollywood Bowl at 9:40 this morning and returning around 12:45. Then we will do a painting craft and have a team choice activity.

You can also view our weekly newsletter online at <http://lincoln.ne.gov/city/parks/irving/daycamp.htm>