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**PROGRAM GUIDE**

**SUMMER 2018**

GET OUT. BE ACTIVE. HAVE FUN THIS SUMMER IN LINCOLN!

3131 “O” St, Ste 300  •  Lincoln, NE 68510  •  402-441-7847  •  parks.lincoln.ne.gov  •  parks@lincoln.ne.gov  •  @LNKparksrec
It's Summer!!!

There are many opportunities to get out, be active and have fun during summer in Lincoln. We encourage you to include parks and recreation activities in your summer “To Do” list. Here are a few suggestions:

• Plan a summer playground tour – you could visit a different playground in Lincoln every day for three months!
• Explore Lincoln’s bike trails. Consider taking part in Trail Trek on Saturday, June 23rd hosted by the Great Plains Trails Network. There are routes of a varied lengths and the proceeds help support our trail system. For more information visit GPTN.org.
• Catch a concert – there are concerts taking place throughout the summer at Stransky Park, Antelope Park, Union Plaza, and Tower Square.
• Try out canoeing on the last Wednesday evening of the month at Holmes Lake from May - Aug.
• Get fit (and cool!) with free water fitness classes.
• Hike, bike or ride horseback on the trails in Wilderness Park.
• Go golfing! There is special pricing at Mahoney Golf Course. Lessons are available for kids and adults.
• Find out what pickleball is all about at Peterson Park.
• Rent a picnic shelter for a family gathering in a park.
• See a show at Pinewood Bowl.
• Enroll in swim lessons. Join a swim or diving team.
• Stroll through a beautiful public garden. Learn more about our Nebraska heritage by visiting Centennial Mall.
• There are many more fun ideas in this program guide or at our website at parks.lincoln.ne.gov.

GET OUT. BE ACTIVE. HAVE FUN!  

Coryn Johnson
RESERVATIONS & RENTALS

PARKS FACILITY RESERVATIONS
Reservations are online at lincoln.ne.gov (keyword: reservation). Payment must be paid online or sent to the office for completion of reservation.

Indoor Facilities: Indoor/enclosed facilities available for rent include: Antelope, Auld Pavilion, Bethany, Jane Snyder Trails Center, Van Dorn, all Recreation Centers, Auditorium at Pioneers Park Nature Center, and some Golf Course Clubhouses. Please call each location to find out more about their facilities, availability and rental rates.

Outdoor Facilities: Outdoor picnic shelters and master table locations are also available for rent. Planning a concert? Rent the Union Plaza Amphitheatre or the Antelope Park Bandshell.

For more information, visit the Administration building, 3131 “O” Street, Suite 300, or call (402) 441-7847, opt. 0 during regular business hours.

EQUIPMENT RENTAL
Quick, affordable rentals of all your backyard favorites: badminton, bocce, croquet, horseshoes, washers, bean bag toss, ladder ball, tug-of-war, and plenty more! Contact the Irving Recreation Center, (402) 441-7954, for more information.

FACILITY RENTALS
Recreation Centers: Our Centers facilities are available to rent for your reunion, birthday party, meeting, or event. Some rentals include use of game room with foosball, pool, bumper pool, table tennis, and shuffleboard! Call any center for more information or to book your event.

Nature Center: Have your next event at Pioneers Park Nature Center. The auditorium is great for birthday parties, group meetings, and company retreats. Call (402) 441-7895 for more information.

SPORTS FIELD RESERVATIONS
Reserve a practice field for your baseball or softball team. Reserve a ballfield online at parks.lincoln.ne.gov (keyword: fields) or call the athletics office, (402) 441-7892.

GOLF COURSE RESERVATIONS
For clubhouse rental information, contact the Holmes Golf Course, (402) 441-8960.

WEDDING LOCATIONS
Numerous park settings are available to reserve for your wedding: Antelope Park Bandshell, Hazel Abel Park, Stransky Park, Sunken Gardens, Iron Horse Park, Oak Lake Island, Bowling Lake, Veterans Memorial Garden, Government Park Square, Holmes Lake, Hamann Rose Garden, and the Union Plaza Amphitheatre.

Refunds: Requests for refunds are subject to a $25 service charge and must be made at least seven working days prior to the reservation date.

Note: Rain, cold, heat, or bugs are not an automatic cause for a refund. Each request/issue will be considered separately after a refund form has been completed.

CLASS REGISTRATIONS
Registration is available online for most classes/programs!
Go to parks.lincoln.ne.gov and click “Register Online”
Class sizes are limited, so register early!

Cancellations: The Department reserves the right to combine classes/programs as needed or cancel classes/programs due to insufficient enrollment. A full refund will be granted if the Department cancels the program. For more information, please contact the center hosting the class or go online at parks.lincoln.ne.gov.

ATHLETICS

PICKLEBALL
Beginning Pickleball
Learn all about this fun paddle sport that combines many elements of tennis, badminton and ping-pong, and practice the basic skills needed to play the game independently.

Jan 28-Feb 11 APW 6-7pm $14/session
Feb 8-Mar 7 CALV 11am-12p $14/session

In this guide:
In this guide: Classes in this guide are organized by topics (Athletics, Dance, Personal Interest, etc.) then by class name.
Class locations are displayed at the bottom of each class listing.
Online registration is available for most classes at parks.lincoln.ne.gov (unless otherwise noted in the class description).
**RESERVATION TIMES**

Reserve a practice court online for your basketball or volleyball team. Practice times are 55 minutes and can be scheduled up to two weeks in advance. Basketball reservations are half court for $15 and volleyball reservations are $16. Reservations can be made online at parks.lincoln.ne.gov. For further information, please contact the center where you wish to practice.

---

**AIR PARK RECREATION CENTER**
Programs on pages 6, 15, 21, and 22.
3720 NW 46th St.
Lincoln, NE 68524
(402) 441-7876
dwilliams@lincoln.ne.gov
Facebook, Twitter: @AirParkRec
Instagram: @airparkreccenter
parks.lincoln.ne.gov/airpark

**HOURS:**
Adult Drop-In Hours
M-F 11:30 am-8 pm
SAT 9 am-12:30 pm
SUN Closed

Youth Drop-In Hours
*6th grade & older
M-F 3 pm-8 pm
SAT 9:00 am-12:30 pm
SUN Closed

**TRACK/FITNESS FACILITIES**
Fitness/Weight Room
Universal Style equipment, free weights, Air Dyne bikes, and treadmill.
$2.50/visit or $25 for a 12 visit “Weight Room Card”

**TEAM PRACTICE**
Basketball
W, F 5-7:45 PM

Volleyball
T 5-7:45 PM
$15/half/55 min.

**OPEN GYM**
$2/visit, $21 for a 12 visit “Activity Card”

**ROOM/BUILDING RENTALS**
Call 402-441-7876 for more information and to book your event.

---

**BELMONT RECREATION CENTER**
Programs on pages 6, 15, 19, and 21.
1234 Judson St.
Lincoln, NE 68521
(402) 441-6789
jgerlach@lincoln.ne.gov
parks.lincoln.ne.gov/belmont

**HOURS:**
Adult Drop-In Hours
M-R 9:00 am–6:50 pm
F 9:00 am–5:20 pm

Youth Drop-In Hours *Begin May 29
M-R 3-6:50 pm
F 3-5:20 pm
SUN Closed

**TRACK/FITNESS FACILITIES**
Belmont’s Track/fitness facility includes a 13 lap/mile indoor elevated track, Universal Fit Step Stair climbers, Concept II rowing machines, Schwinn Air-Dynes, NordicTrack cross country ski machines, a Promaxima treadmill and Universal weight machine. There are lockers and showers available. Bring your own lock and towel.

**TEAM PRACTICE**
Basketball
M-R 5:30-6:25 pm, 6:00-6:55 pm
$15/half/55 min., $30/full/55 min.

**ROOM/BUILDING RENTALS**
Call 402-441-8480 for more information and to book your event.

---

**CALVERT RECREATION CENTER**
Programs on pages 6, 15, 21, and 22.
4500 Stockwell
Lincoln, NE 68506
(402) 441-8480
dpayzant@lincoln.ne.gov
Facebook: facebook.com/calvertrec
Twitter: @calvertrec
Instagram: @calvert.rec
parks.lincoln.ne.gov/calvert

**HOURS:**
M-R 7:00 am-7:00 pm
F 7:00 am-6:00 pm
SUN Closed

**TEAM PRACTICE**
Basketball
M-R 5:30-6:25 pm, 6:00-6:55 pm
$15/half/55 min., $30/full/55 min.

**ROOM/BUILDING RENTALS**
Call 402-441-8480 for more information and to book your event.

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**EASTERDAY RECREATION CENTER**
Programs on pages 8 and 9.
6130 Adams St
Lincoln, NE 68507
(402) 441-7901; (402) 441-7877
kzingg@lincoln.ne.gov
sconnett@lincoln.ne.gov
bkosmicki@lincoln.ne.gov
Facebook and Instagram: @easterdayrec
parks.lincoln.ne.gov/easterday

**HOURS:**
M-F 7:30 am-4:30 pm
SAT-SUN Closed

**TRACK/FITNESS FACILITIES**
Fitness/Weight Room
Our cage system offers a weight training package to satisfy any lifter with lofty goals! It is a Smith Linear System with lower cables, pec dec, squats, preacher curls, leg extension/leg curl, multi-position benches, and free weights. Cardio area includes recumbent bike and treadmill.

Ages: 15+ M-F 7:30 am-4:30 pm $2.00/use or punch card (12 uses/$21)

Gym Use/Walking
Stop by to shoot hoops or walk in the gym.*14 and under with adult supervision
Ages: 15+* M-F 7:30 am-4:30 pm $2.00/use or punch card (12 uses/$21)

**ROOM/BUILDING RENTALS**
Call 402-441-7901 for more information and to book your event.

**Facility Rental Fees**
$46/hour - Lobby, Classroom, Game Room, Kitchen
$46/hour – Lobby, Gym
$57/hour – Whole Building (Lobby, Classroom, Game Room, Kitchen, Gym)

---

**FACILITY RENTALS**
Our Centers facilities are available to rent for your reunion, birthday party, meeting, or event. Some rentals include use of game room with foosball, pool, bumper pool, table tennis, and shuffleboard! Call any center for more information or to book your event.

---

**TEAM PRACTICE TIMES**
Reserve a practice court online for your basketball or volleyball team. Practice times are 55 minutes and can be scheduled up to two weeks in advance. Basketball reservations are half court for $15 and volleyball reservations are $16. Reservations can be made online at parks.lincoln.ne.gov. For further information, please contact the center where you wish to practice.
IRVING RECREATION CENTER
Programs on pages 15, 21, and 22.

2010 Van Dorn  
Lincoln, NE 68502  
(402) 441-7954  
ringard@lincoln.ne.gov  
Twitter & Instagram: @irvingrec  
parks.lincoln.ne.gov/irving

HOURS:  
M-R 9 am - 7 pm  
F 9 am - 6 pm  
SAT-SUN Closed

FITNESS FACILITIES
Fitness Room  
Our fitness room is stocked with Airdyne  
Exercise Bikes: a great workout for all fitness  
levels and rehabilitative uses.  
M-R 5 - 7 pm $1/visit

TEAM PRACTICE
Basketball  
M-R 6-6:55 pm  
$15/half/55 min., $30/full/55 min.  
W 6-6:55 pm $16/court/55 min.

ROOM/BUILDING RENTALS
Rent Irving Recreation Center for your next birthday party, family gathering, meeting,  
social event or club. Call 402-441-7954 for more information and to book your event.

EQUIPMENT RENTAL
Make any event more fun with quick,  
affordable rentals of your favorite backyard  
games through our Picnic Loan program.
FIGHT BACK PARKINSON’S WITH ROCK STEADY BOXING

Rock Steady Boxing is an exercise program based on training used by professional boxers and adapted for people with Parkinson’s Disease. Rock Steady Boxing is taught by experienced trainers and includes stretching, bicycling, running, jumping rope, push-ups, balancing and non-contact boxing. These classes have proven that anyone, at any level of Parkinson’s, can actually lessen their symptoms and lead a healthier/happier life.

Only those with Parkinson’s disease may register for the program, and all participants must provide a physician’s release. There are no age or condition restrictions. Caregivers may need to be present to provide assistance during the class.

An assessment is required to determine your level of participation before beginning Rock Steady Boxing. $45/assessment (includes assessment, t-shirt, gloves, & wraps)

Ongoing M & W Levels 1-2 9 - 10:30 am $80/mo
Ongoing T & R Levels 3-4 9 - 10:30 am $80/mo
Ongoing SAT ALL Levels 9 - 10:30 am $80/mo

MARTIAL ARTS

Goju Ryu Karate
A traditional Okinawan style of martial arts that combines the “softer” style of redirecting and blocking with the “harder” style of kicking and punching movements. Start at the beginning of any month.
Instructor: Josh Malcolm - Three Battles Goju Ryu.

Tiny Ninjas: Ages: 4-7
Ongoing SAT 9:30-10:15 am APW $20/mo (1x weekly)
Ongoing T 5:54 pm SAT 9:30-10:15 am APW $30/mo (2x weekly)

Junior Youth: Ages: 8-15
Ongoing T 6-7 pm R 6-7 pm
Demo Team T, R 7-7:45 pm
Kobudo/Kumite* SAT 10:30-11:30 am *Yellow belts and above.
APW $50/mo (2-3x/week)

Goju Ryu Karate: Ages: 16+
Ongoing SAT 1-2:00 pm APW $30/mo (1x/week)

Women’s Self-Defense Class
Aug 25 SAT 4-8 p.m. APW $20

PICKLEBALL

Indoor Pickleball: Open Drop-in
Bring the game indoors when the weather is bad. Paddles and balls available or bring your own.
Ongoing T 6-8 pm APW $2

Indoor Court Reservations
Paddles and balls available or bring your own. Reserve your court online at parks.lincoln.ne.gov.
Ongoing T, R 6-6:55 pm CALV $15/55 min.

STAYING FIT

Indoor Walking
Stay fit during all types of weather by walking in our comfortable gym.
Ongoing M 9:30 am-11:30 am APW (14 lap/mi) FREE
Ongoing M-F 11:30 am-5:30 pm APW (14 lap/mi) $2.00

Table Tennis Challenge
All ages welcome.
Ongoing SUN 5-10pm BEL $3.00/week, $30.00/13 weeks

Register online at parks.lincoln.ne.gov by location: APW (Air Park), BEL (Belmont), CALV (Calvert), EDAY (Easterday), EVRT (Everett), FST (F Street), IRV (Irvine), MCPH (McPhee) and PPNC (Pioneers Park Nature Center).
Class Days are noted as such: M (Monday), T (Tuesday), W (Wednesday), R (Thursday), F (Friday), SAT (Saturday) and SUN (Sunday).
TEAM SPORTS

Group up with family, friends, and coworkers to have fun with these spring sports. Contact our Athletics office at (402) 441-7892 or visit their online registration system at www.teamsideline.com/lincolnne.

TEAM SPORTS: ADULT*
* Must be 18 years old & out of high school

Fall Softball
Team Registration: Teams will play a six game regular season and a single elimination tournament.

Divisions: Men’s, Women’s and Coed
Men’s: Mon/Tue/Wed/Thurs/Fri evenings
Women’s: Wed evenings
Coed: Tue/Fri/Sun evenings

Fall Volleyball
Team Registration: Teams will play an eight-game regular season and a double-elimination post season tournament.

Divisions: Women’s: Mon evenings;
Coed: Thurs. evenings

TEAM SPORTS: YOUTH

NFL Flag Football- Grades K-8
Official 5-on-5 flag program of the NFL. Teams will be assigned a volunteer coach, practice time will be set by the coach. Lincoln Parks and Recreation Department will assign players to teams, first by friend request, then by geographic area. Teams consist of 10 players. Players will receive an official NFL Flag Jersey to keep!

Grade Divisions: K-1, 2-3, 4-5, 6, 7 & 8
Season: Aug 27 - Oct 11

Adult Kickball
Team Registration: Teams will play a six-game regular season and a single-elimination tournament.

Divisions: Coed: Sunday evenings

ADULT REGISTRATION DATES & FEES

<table>
<thead>
<tr>
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<th>Registration Type</th>
<th>Start Date</th>
<th>End Date</th>
<th>Fee</th>
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<tbody>
<tr>
<td>Kickball</td>
<td>Regular Registration</td>
<td>June 25 – July 29</td>
<td>$284.00/team ($265.00 + tax)</td>
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</tr>
<tr>
<td></td>
<td>Early Registration *online only</td>
<td>June 25 - July 1</td>
<td>$273.00/team ($255.00 + tax)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Regular Registration</td>
<td>July 2-22</td>
<td>$284.00/team ($265.00 + tax)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Late Registration</td>
<td>July 23-29</td>
<td>$306.00/team ($285.00 + tax)</td>
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<tr>
<td>Softball</td>
<td>Early Registration *online only</td>
<td>June 25 - July 1</td>
<td>$273.00/team ($255.00 + tax)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Regular Registration</td>
<td>July 2-22</td>
<td>$284.00/team ($265.00 + tax)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Late Registration</td>
<td>July 23-29</td>
<td>$306.00/team ($285.00 + tax)</td>
<td></td>
</tr>
<tr>
<td>Volleyball</td>
<td>Early Registration *online only</td>
<td>July 16-22</td>
<td>$284.00/team ($265.00 + tax)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Regular Registration</td>
<td>July 23 - Aug 19</td>
<td>$295.00/team ($275.00 + tax)</td>
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</table>

YOUTH REGISTRATION DATES & FEES

<table>
<thead>
<tr>
<th>Sport</th>
<th>Registration Type</th>
<th>Start Date</th>
<th>End Date</th>
<th>Fee</th>
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</thead>
<tbody>
<tr>
<td>NFL Flag Football</td>
<td>Regular Registration</td>
<td>June 4 - July 15</td>
<td>$75/first child, $70/add’l child</td>
<td></td>
</tr>
<tr>
<td>Clinic</td>
<td>Regular Registration</td>
<td>Aug 13 - Sept 30</td>
<td>$70/first child, $65/add’l child</td>
<td></td>
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</tbody>
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Register online at www.teamsideline.com/lincolnne or at the Athletics Office, 32nd & O St.

Advertise your business, club or team on a Lincoln outdoor sports field!

Call 402-570-4094 for more info!

WOODS PARK TENNIS CENTER

401 S 33rd St. | Lincoln, NE 68510 | woodstenniscenter.com

SUMMER 2018 PROGRAMS
Session I: May 29-July 2
Session II: July 9-August 10

Call the Woods Tennis Center at (402)441-7095 for more information!
ADAPTIVE PROGRAMS

DAY STRUCTURE
A few of our program offerings include:

Day Structure 1 is for adults with mental health issues. Day Structure 2 is for adults with medical/physical challenges.

Day Structure 1  M-F  7:30 am-2:30 pm
Day Structure 2  M-F  7:30 am-2:30 pm

Co-Ed Bowling League Ages 17+
Hollywood Bowl (920 N. 48th) Teams bowl three games each week. Pre-registration required. Call 441-7877 to register. *No bowling June 30

Begins: June 9 Sat 1:00-3:30 pm
EDAY 11 weeks
$11.00 registration fee + $9.00/week

Holiday Ceramics Ages 17+
We have 2 sessions of classes each week. Call 441-7877 to register.
Class held at Easterday Recreation Center.

Begins: June 9 Sat 9:30-10:45 am
11:00 am-12:15 pm
Begins: July 7 Sat 9:30-10:45 am
11:00 am-12:15 pm
Begins: Aug 4 Sat 9:30-10:45 am
11:00 am-12:15 pm
EDAY 3 weeks $26.75*
*Includes the cost of project supplies.

ADAPTIVE RECREATION CLUBS

Play Club Ages 2-7 and their siblings
The Irvingdale pool, 1900 Van Dorn, is closed to the public during this time to provide an opportunity for youth to swim with their families without encountering crowds. Child must be accompanied in the water by an adult. No club July 3. Call (402) 441-7948 to register.

Begins: June 5 Tue 6:15-7:15 pm
Irvingdale Pool 9 weeks Free

Fun Club
Ages: Elementary - Middle School age
*Transportation is available within Lincoln for an additional fee of $18.00 for summer session. Call 441-7901 to register.

Begins: July 17 T 5:15-6:30 pm
Easterday 4 weeks $9.00*

Hi-Time Club
Ages: Jr High - High School
*Transportation is available within Lincoln for an additional fee of $18.00 for summer session. Call 441-7948 to register.

Begins: July 16 M 7:00-8:30 pm
Easterday 4 weeks $9.00*

Friendship Club
Ages: 21-35yrs
*Transportation is available within Lincoln for an additional fee of $36.00 for summer session. Call 441-7877 to register.

Begins: June 7 R 7:00-8:30 pm
Auld 8 weeks $18.00*

Social Club
Ages: 35yrs+
*Transportation is available within Lincoln for an additional fee of $36.00 for summer session. Call 441-7877 to register.

Begins: June 6 W 7:00-8:30 pm
Auld 8 weeks $18.00*

SUMMER FUN CAMP

SumFun Camp Ages 5-21
Auld Pavilion, 1650 Memorial Drive, in Antelope Park. Call 441-7948 for information. No camp July 2-6. *Door to door transportation is available within Lincoln for $22.50 per week.

Begins June 18 M-F 9 am-2:30 pm
Begins June 25 M-F 9 am-2:30 pm
Begins July 9 M-F 9 am-2:30 pm
Begins July 16 M-F 9 am-2:30 pm
EDAY $93/person/wk*

If the camper has not previously attended SumFun, Fun Club, or Hi-Time Club, please register in person at Easterday, 6130 Adams. Call to arrange a time.

CREATIVITY CAMPS

Art Extravaganza Camp Ages 13+
Easterday Recreation Center, 6130 Adams Street. Call 441-7948 for information.
*Door to door transportation is available within Lincoln for $22.50 for the session.

Begins: June 4 M-F 1:15-4:15 pm
EDAY 1 week $74/person*

Drama Camp Ages 13+
Auld Pavilion, 1650 Memorial Drive, in Antelope Park. Call 441-7948 for information.
*Door to door transportation is available within Lincoln for $22.50 for the session.

Begins: July 23 M-F 9:30 am-3:00 pm
EDAY 1 week $117/person*

Easterday Recreation Center
6130 Adams Recreation Street
Call 402-441-7948 for more information and to register.

Register online at parks.lincoln.ne.gov by location: APW (Air Park), BEL (Belmont), CALV (Calvert), EDAY (Easterday), EVRT (Everett), FST (F Street), IRV (Irving), MCPH (McPhee) and PPNC (Pioneers Park Nature Center).
Class Days are noted as such: M (Monday), T (Tuesday), W (Wednesday), R (Thursday), F (Friday), SAT (Saturday) and SUN (Sunday).
Community Forestry
Street Tree Voucher Program
The Lincoln Parks and Recreation Department offers a cost-share assistance program to property owners in Lincoln who desire to purchase and plant a street tree(s) on the City right-of-way adjacent to their property. The $100 voucher is good toward the purchase and installation of a tree at participating local nurseries. The remaining balance of the cost of the tree and the planting of the tree will be at the homeowner’s expense.

Certain conditions and requirements apply to the street tree voucher program.

Please call (402) 441-7847, opt. 0 to submit a request for voucher, or for more information.

For more information about our forestry section, visit parks.lincoln.ne.gov.

Special Olympics
Practice Schedule
Bocce & Unified Bocce: Ages 8+
Easterday Park, 6130 Adams St
Saturdays, 9:00-10:15 am
Dates: 6/2, 6/9, 6/16, 6/23, 7/7, 7/14, 7/21, 7/28
Flag Football Team: Ages 8+
Easterday Park, 6130 Adams St
Saturdays, 9:30-11:00 am
Dates: 7/7, 7/14, 7/21, 7/28, 8/11, 8/18, 8/25, 9/8, 9/22, 9/29, 10/6, 10/13, 10/20
Flag Football Skills: Ages 8+
Easterday Park, 6130 Adams St
Saturdays, 9:00-10:00 am
Dates: 8/18, 8/25, 9/8, 9/15, 9/22, 9/29, 10/6, 10/13, 10/20
Golf: Ages 8+
Golf Skills Practice
Location varies between Ager Junior Golf Course, 3761 Normal Blvd, and Holmes Lake Driving Range, 3701 S 70th St. Weekly location schedule will be available at the 1st practice.
Mondays, 4:30-5:30 pm
Fee: $3.50/week for Golf Skills Practice
Dates: 6/4, 6/11, 6/18, 6/25, 7/9, 7/16, 7/23, 7/30
Unified Alternate Shot 9 Hole and Unified Alternate Shot 18 Hole golfers can practice at any location at any time. Golfers must turn in 6 scorecards to Easterday no later than June 29. Scorecards must be signed and dated by course personnel.

Soccer: Ages 8+
Easterday Park, 6130 Adams St
Thursdays, 5:30-6:30 pm – Ages 8-14
6:30-7:30 pm – Ages 15+
Dates: 6/7, 6/14, 6/21, 6/28, 7/5, 7/12, 7/19, 7/26, 8/2
Unified Bowling: Ages 8+
Parkway Lanes, 2555 S 48th St
Saturdays, 1:00-3:00/3:30 pm
Fee: $9/week for 3 games OR $6/week for 2 games
Dates: 6/16, 6/23, 7/7, 7/14, 7/21, 7/28, 8/11, 8/18, 8/25, 9/8, 9/15
Bowlers must have 15 scores by 9/15 to compete in the tourney.

Birthday Parties
Pioneers Park Nature Center
Choose a nature theme, reserve a date (at least two weeks in advance), and plan for a fun birthday celebration at the Nature Center. Themes include: Reptiles Rock, Insect Investigations, Nature’s Scavenger Hunt, Amazing Birds, and Grow in the Garden. We provide the space, guided hike or other nature activity based on the theme you choose, a favor bag for each child, and a special gift for the guest of honor. Birthday Party programming is recommended for ages 5-12.
Call 402-441-7895, for pricing and reservations.

<table>
<thead>
<tr>
<th>Hours</th>
<th>SAT</th>
<th>SUN</th>
</tr>
</thead>
<tbody>
<tr>
<td>10-12 pm</td>
<td>1:30-3:30 pm</td>
<td></td>
</tr>
<tr>
<td>1:30-3:30 pm</td>
<td>1:30-3:30 pm</td>
<td></td>
</tr>
</tbody>
</table>

AmeriCorps
Healthy Eating Active Living
Spend your summer connecting and having fun with youth from K - 5th grade.

Positions available for this summer for Crunch & Lunch. Quarter and minimum time positions available.

AmeriCorps is a paid volunteer program and upon successful completion members receive an education award!

For more information, contact Deb Buckman at (402) 441-4907 or dbuckman@lincoln.ne.gov

Register online at parks.lincoln.ne.gov by location: APW (Air Park), BEL (Belmont), CALV (Calvert), EDAY (Easterday), EVRT (Everett), FST (F Street), IRV (Irving), MCPH (McPhee) and PPNC (Pioneers Park Nature Center).

Class Days are noted as such: M (Monday), T (Tuesday), W (Wednesday), R (Thursday), F (Friday), SAT (Saturday) and SUN (Sunday).
Lincoln City Golf has five beautiful golf courses and no matter your skill level, you are sure to have lots of fun enjoying the outdoors and spending time with friends and family. The Jim Ager Golf Course is a par 3 short course great for juniors or adults just learning the game and is located near downtown Lincoln. Availability of the courses for daily play may vary, therefore it is always good to call ahead for tee times or visit www.lincolncitygolf.org to reserve a tee time online.

YOUTH GOLF LEAGUES

Ager Intro to League
Perfect for the beginning golfer who might not be ready for all 9-holes. Each week participants play golf with our PGA Professional staff that help with golf instruction, tips, strategy and supervision. Participants receive a t-shirt and are invited to the end of season party with all other Ager Leagues.

June 4 - July 30 M 9:00 – 10:15 am
AGER $40

Ager Scramble League
Ager Scramble League is for all levels of players who would enjoy this fun format. Teams of two players will be playing in a scramble format. Each player hits a tee shot on each hole, then each player will play from the spot of their team's best shot. All participants receive a league shirt. League standings are kept with awards given out at the end of season party with all other Ager Leagues.

June 4 – July 31 T
Tee times beginning at 12:00 pm
AGER $25 + green fees/wk

Ager Fall League
9-holes of team competition structured the same as the summer league but over a five week span in the fall. Standings are kept for an awards banquet featuring team and individual awards. *No league Sept 1.

Aug 18 – Sept 22 SAT
Tee times beginning at 8:30 am
AGER $10 + green fees/wk

Like playing golf and want a discount?
Purchase an Adult or Senior (55+) Discount card for only $35 and receive 15% off regular green fees for 1 year from date of purchase. Discount card is good at all 5 of the City courses and can be purchased at any course.

Looking for a special place for a wedding, reception or birthday party?
Whatever the occasion, it’s your time to shine and Holmes Golf Course has a great banquet room for rental at very competitive pricing. The banquet room accommodates 140 people along with outdoor lawn area that overlooks the golf course. The clubhouse has a gorgeous view of Holmes Lake and the state capital building.

Contact Scott Carlson at (402) 441-8960 for more information and to schedule your event today.

November Specials!!!
EARLY BIRD SPECIAL
$34 Adults • $25 Seniors
18 Holes with 1/2 cart
Mon-Thurs before 12pm

WEEKEND SPECIAL
$34 Adults
18 Holes with 1/2 cart
Weekends after 1pm

*These specials are not valid with other discounts or tournaments.

MAHONEY ONLY SPECIALS!!!
$6 OFF your next round
18 Holes • Weekends before 1 pm
Coupon must be surrendered at the time of purchase. Discount is applied to the full price adult green fee. Not valid with other discounts, specials or tournaments.

Expires: July 1, 2018
7900 Adams St. • 402-441-8969
lincolncitygolf.org/mahoney
10-YEAR FACILITIES PLAN UPDATE

Throughout the spring, summer and fall of 2017, staff focused efforts updating the Department’s 10-Year Facilities Plan. This effort includes review of all facilities for anticipated repair/replacement/renewal needs along with identification of new recreational facilities to meet community growth demands. The Plan was originally developed in 2013 and is updated every two years with the intent that it serve as a guide to staff regarding investments in parks and recreation facilities over the next decade and preparation of the Department’s biennial Capital Improvement Program (CIP).

The Plan identifies a gap in the amount of funding needed to address annual repair, replacement and renewal needs (est. $3.0M) versus the amount of funding currently available to the Department’s CIP ($2.15M in the 2017-18 fiscal year).

For similar purposes, a 10-Year Facilities Plan was developed for the Municipal Golf Program as well. Approximately 25% of the funding needed for annual repair, replacement and renewal of golf infrastructure is currently being generated through the program’s various revenue sources.

DEPARTMENT CIP ($3 M)

MUNICIPAL GOLF CIP ($765,000)

MAJOR PROJECTS: PARKS & TRAILS RENOVATIONS

Lakeview Park, West “O” & Capitol Beach
• Renovation efforts to replace all park amenities included new ADA accessible playground equipment, playground surfacing, a picnic shelter, drinking fountain, half-court basketball court and landscaping. The project was completed in the spring of 2017. With the support of a Federal Land & Water Conservation Grant and the Lincoln Kiwanis Clubs, additional funds helped make this complete renovation effort possible.

Wilderness Park Planning
• In the spring of 2017, a group of representatives from various organizations participated in a review of the Wilderness Park Maintenance Plan. The group spent four meetings reviewing community survey results and other information and developing a prioritized list of needed improvements. The group intends to meet annually to review progress and continue planning. In addition, a group of volunteers was developed using responses from two surveys and asked to identify activities they would be willing and able to participate in. Their responses were used to create a data base of skills that can be matched to upcoming volunteer events. Potential volunteers will then be notified of events that match their skill set.

Other Notable Projects
• Renovation of the playground in Cripple Creek Park.
• Creation of ballfields in Keech and UPCO Parks.
• Replacement of the resilient surfacing at the Trago Park playground.
• Installation of a new picnic shelter in Arnold Heights Park.

Other Notable Projects

Chief Standing Bear Sculpture on Centennial Mall
• Renowned sculptor Ben Victor set up a temporary studio in the Jane Snyder Trails Center to provide Lincoln residents an opportunity to observe the creation of his epic 10-foot bronze sculpture honoring Native civil rights icon Ponca Chief Standing Bear. The completed sculpture was later unveiled at its permanent location on Lincoln’s Centennial Mall.

Dog Run Additions
• While additional improvements will be added during the year ahead, three additional dog run facilities were opened for public use in 2017. They are located at Mahoney Park, Roper East Park and Peterson Park (Stransky Dog Run) and provide dog owners alternative sites to the frequently visited Rickman’s Run located at Holmes Lake Park.

Cavett Connector Trail
• The Cavett connector represents the latest addition to Lincoln’s extensive network of commuter/recreational trails. Completed in 2017, this trail segment brings the Tierra/Williamsburg Trail south from San Mateo through the Cavett Elementary School campus and on to Yankee Hill Road thus providing a route to school from surrounding residential development. Future extension of this trail segment will extend further south the South Beltway.

Billy Wolff and Boosalis Trail Rehabilitation
• During the summer construction season, a major section of the Billy Wolff Trail running through Holmes Lake was removed due to its deteriorating condition and replaced with a new concrete section that is two feet wider to better accommodate trail users. In similar fashion, the very western end of the Boosalis Trail where it turns north from Highway 2 along the eastern edge of the Nebraska Department of Transportation campus was also removed and replaced with new concrete.
**Youth Development**

*"I like I can see my friends and the staff because they feel like family."*  
~ Youth participant, “F” Street Community Center

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**Summer Day Camps**

The Summer Day Camp program goals include a focus on increasing opportunities for physical activity, providing education about good nutrition, and improving awareness of healthy food.

**26,688 ATTENDANCE**

**562 WEEKLY REGISTRATIONS**

The youth experienced recreation and leisure skill building, physical fitness through active play, social development, nutrition awareness and nature interaction.

Youth demonstrated improved aerobic fitness - up 10% from last year.

---

**Schools Out Programs**

*Before School, After School & Days Off*

**666 MONTHLY REGISTRATIONS**

80,740

Students attended programs that focus on academic support, large group-games and active play while skill building with challenging activity levels.

200

Teens per week attended evening drop-in & weekend hours at the F Street Community Center

804

Teens per week attended the Goodrich & Irving Centers

Activities included academic support, robotics, archery, geocaching, photography, craft, chess, disc golf, gardening, cooking, seasonal sports, fitness, Harry Potter club and young authors.

---

**Adaptive Recreation Programs**

565 INDIVIDUALS participated in the adaptive recreation programs and clubs, including Special Olympics activities of basketball, bocce, bowling, flag football, golf, roller skating, swimming, track and volleyball.

Participants find the activities they participate in as useful and interesting.

Parents & caregivers view therapeutic programs as good or excellent.

---

**Volunteers**

There is a variety of volunteer areas within the department:

- Adopt-A-Park
- Adopt-A-Trail
- Adopt-A-Lincoln Landscape
- Adaptive Programs
- Special Olympics
- Pioneers Park Nature Center
- Public Gardens
- Community Tree Plantings
- Swim & Dive Team Practices and Meets

---

$417,008.36

17,274.58 HOURS BY 1996 VOLUNTEERS

$24.14/hr as determined by Independent Sector
**Active Healthy Living for All**

*Athletics & Team Sports*
- **93%** Average satisfaction rating for adult participation
- **791 ADULT TEAMS** participated in Basketball, Softball, Volleyball and Kickball leagues.

*1,502 YOUTH* participated in sponsored programs involving Basketball Camp, Basketball Leagues & Flag Football.

- **97%** Average satisfaction rating for youth participation
- **21 TOURNAMENTS**
- **114 DIFFERENT ORGANIZATIONS**
- **330 TEAMS**
- Including Jr. Saltdogs, Select Baseball, Babe Ruth, Cal Ripken, American Legion, Neb. Wesleyan, UNL, all of Lincoln Public Schools, Special Olympics and Capitol Soccer Assoc.

- **1,802 PRACTICE FIELD RESERVATIONS**

*Lincoln City Golf*
- **164,244 GOLF ROUNDS**
- lincolncitygolf.org

- **95%** Public Satisfaction Rating

- **206,788** Attendance at nine outdoor public pools
- **364 FAMILIES** Family Night Swims
- **891 PARTICIPANTS** Attended Night Splash at nine pool locations
- **568** Individual swim lesson registrations
- **943** Swim/Dive Team individual registrations
- **15** Daycare providers attended Daycare Water Safety Training

*Public Pools*
- **95%** Public Satisfaction Rating

- **27,468** Attendance to pool rentals and eight swim/dive clubs

*Environmental Stewardship*
- **99%**

- **The Emerald Ash Borer (EAB)** is an insect native to China that was discovered in the Detroit area in 2002. The insect attacks and kills all species of North American ash trees. Since 2002, it has moved into 31 states, including surrounding central states. It has recently been found in the eastern Nebraska.

- There are about 12,000 public ash trees planted along streets in Lincoln, and another 2,000 ash trees in parks. The City of Lincoln and the State of Nebraska have been monitoring the spread of EAB, and have developed a response and recovery plan for Lincoln and other Nebraska communities. The multi-year plan addresses removal criteria, treatment options, and planting of replacement trees.

- Information about Emerald Ash Borer identification, treatment options, readiness planning, and suggested tree species to replace ash trees is available at EABNE.info (Nebraska Forest Service) and lincoln.ne.gov (keyword: forestry).

*Special Places & Events*
- **93,865 VISITORS**
- **452 WEEKLY CAMPERS**
- **74 PRESCHOOL** weekly registrations at the Pioneers Park Nature Center

- **95%**

- **PPNC Fall Festival**
- **675 ATTENDEES**
- **Guided hikes for Youth**
- **10,236 ATTENDEES**

**SPECIAL PLACES & EVENTS**

*Pioneers Park Nature Center*
- **6,721 ATTENDEES**
- **Uncle Sam Jam**
- **25,000 ATTENDEES**

*Pinewood Bowl*
- **37,000+ GUESTS**
- Including the summer community musical, The Little Mermaid.
- Watch for *Legally Blonde* in July 2018!

*Rentals & Reservations*
- **95 WEDDINGS**
- **1,166 CLOSED SHELTERS**
- **1,257 OPEN SHELTERS**

*Safety Training*
- **15 Daycare providers attended Daycare Water Safety Training**

*Economic Development*
- **99%**

*Youth Development*
- **99%**

*Livable Neighborhoods and Family Life*
- **95%**

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Computer-Based Mapping, Inventory, and Operations

The Parks & Recreation Department is in the early phases of developing an integrated digital mapping and data system to track and manage resources so that we can efficiently and effectively serve the community. Nearly 200 different types of resources are being identified, mapped, and logged with electronic information. This system will significantly improve our responsiveness and decision-making for managing these important community resources, and for coordinating with other departments and agencies.

A few examples of the types of benefits from these improvements include:
- Shifting from paper to electronic records so that the 2,000 or so annual work orders for repairs and maintenance can be routed and logged electronically and linked in a mapping system
- Automatic creation of work orders for regular safety inspections of playgrounds, pools and bridges
- Recording and tracking data for approximately 90,000 street trees to care for Lincoln's community forest and increase the efficiency of responses to storm events

Our department manages community resources worth an estimated $150 million + estimated.

- park land and landscapes
- recreation centers
- swimming pools
- sports fields
- facilities
- public art
- trails
- trees

The mini grant program assists in funding smaller, neighborhood-based improvements in parks. This year funds assisted playground renovations at Bishop Heights Park, upgrades to drinking fountains in various parks throughout Lincoln, and landscaping at the Gold Star Monument in Antelope Park.

1,700 Donors gave to 44 different projects including:
- Haines Branch Prairie Corridor
- Doolittle Raiders
- Dog Runs
- Memorial Gifts
- Disc Golf at Roper West
- Veterans Bricks
- Veterans Programs

Thank you donors!

The Lincoln Parks Foundation is a 501 (c) 3 organization dedicated to the improvement of Lincoln's park and recreation system. To learn more, visit lincolnparks.org, email director@lincolnparks.org or call (402) 441-8258.

Let's Get Social


- 4,232 followers @LNKparksrec 19%
- 4,826 followers @LNKparksrec 14%
- 531 followers @LNKparksrec 41%

It's more than just our department.

Follow our other pages to get specific program updates!

Recreation and Nature Centers:
- Air Park West, Calvert, F Street, Irving, Easterday, and the Pioneers Park Nature Center
- Lincoln City Golf: Pioneers, Mahoney, Highlands, Holmes, and Ager Jr Golf Courses
- Special Events and Programs: Party in the Parks, Prairie Corridor, Sunken Gardens, and more!

Visit parks.lincoln.ne.gov for more information about our programs, projects and announcements!
**Fundamental Summer Day Camps**

Join us for summer FUN from May 29 - August 10, 2018

Weekdays • 7AM - 6PM

Register for individual weeks or the entire summer!

<table>
<thead>
<tr>
<th>Location</th>
<th>Grades</th>
<th>Call for info:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Air Park</td>
<td>K-5</td>
<td>(402) 441-7876</td>
</tr>
<tr>
<td>Belmont</td>
<td>K-4</td>
<td>(402) 441-6789</td>
</tr>
<tr>
<td>Bethany Park</td>
<td>K-5</td>
<td>(402) 441-7952</td>
</tr>
<tr>
<td>Calvert</td>
<td>K-4, 5-7</td>
<td>(402) 441-8480</td>
</tr>
<tr>
<td>F Street</td>
<td>K-5</td>
<td>(402) 441-7954</td>
</tr>
<tr>
<td>Goodrich*</td>
<td>5-7</td>
<td>(402) 441-4601</td>
</tr>
<tr>
<td>Irving</td>
<td>K-4, 5-7</td>
<td>(402) 441-7954</td>
</tr>
<tr>
<td>McPhee**</td>
<td>K-5</td>
<td>(402) 441-7952</td>
</tr>
</tbody>
</table>

*Goodrich will not have camp July 29-Aug 10.

**McPhee will not have camp Aug 6-10.

Our summer recreation programming for youth grades K-7 focus on fun, friendships, fitness, and healthy lifestyle choices. Activities include the development of social skills, along with character education, and an emphasis on nutrition.

Call the center or (402) 441-7952 for more information.

Need-based scholarships available. All sites accept Title XX except Irving & Bethany locations.

No camp on Mon., May 28 or Wed., July 4.

Register for select individual weeks or the entire summer online at parks.lincoln.ne.gov (keywords: Summer Day Camp).

Register online at parks.lincoln.ne.gov by location: APW (Air Park), BEL (Belmont), CALV (Calvert), EDAY (Easterday), EVRT (Everett), FST (F Street), IRV (Irving), MCPH (McPhee) and PPNC (Pioneers Park Nature Center).

Class Days are noted as such: M (Monday), T (Tuesday), W (Wednesday), R (Thursday), F (Friday), SAT (Saturday) and SUN (Sunday).

**Junior Day Camp Leader**

Youth ages 14-17 gain important job skills while having fun assisting Summer Day Camp staff with daily operations.

<table>
<thead>
<tr>
<th>May 29-Aug 10</th>
<th>M-F</th>
<th>7:30am-4:30pm</th>
<th>$40/wk</th>
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<tbody>
<tr>
<td>IRV &amp; CALV</td>
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</table>
Discover the Wild in Lincoln, with NATURE CAMPS

Spend the summer immersed in nature, hiking, exploring, and going on adventures with your friends.

Register your child for our nature immersive camps at parks.lincoln.ne.gov (keywords: Nature Camp).

Camp Discovery
This is a half-day camp designed for young explorers. Camp activities will be planned around each week's nature-based theme. From crafts to hikes your child will have a wonderful experience learning about the world around them. A camp t-shirt is included with registration. All registration, waiver forms, and payment must be received the Monday prior to camp starting.

<table>
<thead>
<tr>
<th>Dates</th>
<th>Theme</th>
</tr>
</thead>
<tbody>
<tr>
<td>June 4 – 7</td>
<td>Dig, Dig, Dig</td>
</tr>
<tr>
<td>June 11 – 14</td>
<td>Forest Builders</td>
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<tr>
<td>June 18 – 21</td>
<td>Outdoor Classroom</td>
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<tr>
<td>June 25-28</td>
<td>Splish-Splash</td>
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<tr>
<td>July 9 – 12</td>
<td>Animals, Head to Toe</td>
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<tr>
<td>July 16 – 19</td>
<td>Sticks, Stones, and Pinecones</td>
</tr>
</tbody>
</table>

Dates above M-R 9 – 11:30 am
PPNC Ages 3 – 6 $90/week

Wilderness Nature Camp
Spend the summer immersed in nature, hiking, exploring, and going on adventures with your friends. Sound like fun? Come to Wilderness Nature Camp at Pioneers Park. This day camp experience is like no other camp around. Each week includes a field trip to a different location, time to explore the creek and build forts, and of course games such as capture the flag. Themes and activities change each week. A camp t-shirt is included with registration. All registration, waiver forms, and payment must be received the Monday prior to camp starting.

<table>
<thead>
<tr>
<th>Dates</th>
<th>Theme</th>
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<tbody>
<tr>
<td>June 11 – 15</td>
<td>Animal Architect</td>
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<tr>
<td>June 18 – 22</td>
<td>Marvelous Mud</td>
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<tr>
<td>June 25 – 29</td>
<td>Bull’s Eye</td>
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<tr>
<td>July 9 – 13</td>
<td>Wildlife Helpers (Zoology Week)</td>
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<tr>
<td>July 16 – 20</td>
<td>Bike Week (Ages 9-13)</td>
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<tr>
<td>July 16 – 20</td>
<td>Arts in Nature (Ages 6-13)</td>
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<tr>
<td>July 23 – 27</td>
<td>Aquatic Adventures</td>
</tr>
<tr>
<td>July 30 – Aug 3</td>
<td>Photography</td>
</tr>
</tbody>
</table>

Dates above M-F 8:30 am – 5:00 pm
*extended hours are available: 7:30 am – 5:30 pm
PPNC Ages 6-13yrs $185/week

Leadership Camp
Learn outdoor and leadership skills while making new friends at Wilderness Nature Camp's Leadership Camp. This camp is designed for young adults looking to build skills and learn new talents, from team building to survival skills. Following Leadership Camp, attendees can assist at Wilderness Nature Camp over the summer as Junior Counselors. Space is limited. A camp t-shirt is included with registration. All registration, waiver forms, and payment must be received by Monday, May 28. Extended hours are available: 7:30 am – 5:30 pm.

<table>
<thead>
<tr>
<th>Dates</th>
<th>Theme</th>
</tr>
</thead>
<tbody>
<tr>
<td>June 4 – 8</td>
<td>M-F 8:30 am – 5:00 pm</td>
</tr>
<tr>
<td>Pioneers Park</td>
<td>Ages 14–17 $150/camper</td>
</tr>
</tbody>
</table>

Love Lincoln More
LINCOLN CARES
SUPPORT PARKS, LIBRARIES, AND OLDER ADULTS
Enroll or donate now at LincolnCares.info

Lincoln’s Trees Need You Even More.
Add $2 to your water bill for Lincoln’s trees.
2forTrees.info

Memorialize your Milestones
LINCOLN PARKS FOUNDATION
We love our parks.
lincolnparks.org | (402) 441-8258
Mother's Day Bird Walk and Brunch
Enjoy a day to celebrate Mothers by joining us on an early morning bird walk followed by breakfast at the Nature Center. A guide for your walk plus a continental breakfast will be provided. Binoculars are also available for those who need them. Register by May 9.

May 13      SAT  8 – 10 am
Prairie Building    $16.00/person

Saturday with our Naturalist
Join us the third Saturday of March, April, May, September, October, and November for a guided hike with the Nature Center’s Naturalist. We’ll go for a guided hike on the Nature Center trails to observe what’s blooming, the wildlife that is around, and enjoy the current season. Hikes will have various themes and cover different areas of the Nature Center. Dress comfortably for the weather, we’ll be outdoors for the entire hour. Register by the Wednesday before each hike.

May 19      SAT  2 – 3 pm
Sept. 15     SAT  2-3 pm
Prairie Building    $5/person per hike

Composting Workshop
Learn how to be successful with composting by attending a free composting demonstration workshop sponsored by Nebraska Extension in Lancaster County and the City of Lincoln Recycling Office. Demonstrations are presented by Extension Master Gardeners and include three types of composting bins and how to use them. This workshop takes place at the composting demonstration area just across the road from the Prairie Building.

May 19      SAT  10- 11 am
June 16     SAT  10 – 11 am
Sept. 15     SAT  10 – 11 am
Compost Demonstration Area    FREE

Nature’s Treasure Trek
Join us each week for a treasure trek around the Nature Center. A special theme each week will give us clues to what to search for on our trails. This program is geared towards young children and their families. Register the Wednesday before each trek.

June 8 – Our Forest Friends (Flemming Woods)
June 15– Trees, Seeds, and Bees (Children’s Garden)
June 22 – Can You Dig It? (Outdoor Classroom)
June 29 – Bison (Hidey hole and bison pasture)
Fridays in June      9:30 – 10:30 am
Prairie Building    $3/person

Frogs and Floats
Spend the afternoon celebrating Dads with frog catching, tadpole chasing, and exploring the wetlands at the Nature Center. We’ll have nets to dip in the water, buckets to collect critters, magnifiers to get a closer look, and field guides to identify what is found. After all the animals are released and the mud is cleaned up we’ll sit back and relax with a cool treat of rootbeer floats! Old shoes and clothes are encouraged. Insect repellent is also recommended. Register by June 13.

June 17      SAT  1-3 pm
Prairie Building    $10/person, $20/family

Girl Scouts: Incredible Insects
Investigate the micro world of insects. Learn about bugs, beetles, bees, and more to earn your Brownie Bug badge! We’ll use tools and resources to search for insects at the Pioneers Park Nature Center. After observing these tiny creatures we’ll use field guides to learn more about them, then get artsy during indoor craft time. Come prepared to explore outside. Fees include materials for take home crafts and badge. This program is designed for Brownies, grades 2-3. Register with the Girls Scouts at http://www.girlscoutsnebraska.org/.

June 23      SAT  10 am – Noon
Prairie Building    $13/scout

Butterfly Count
Enjoy the morning with a leisurely hike while counting butterflies. The Nature Center has been hosting this count for over 15 years. The data collected is sent to the North American Butterfly Association where it is recorded and archived. The count will begin with a presentation and introductory slide show. Participants will then disperse with a butterfly expert guide to the count areas. No need to know butterfly identification, you’ll learn from your expert during the count. Register by July 5. Cost covers fees sent to the North American Butterfly Association, NABA.

July 7       SAT  9 am – Noon
Prairie Building    $6/person

Girl Scouts: Wildflower Wonders
Earn your Flower Naturalist badge during our wildflower program for girl scouts. Explore some of Nebraska’s native wildflowers, discover the importance of native plants, have fun with flowers, and create a wildflower seed bouquet to share with others so they can start their own patch of prairie. This program is designed for Junior Girl Scouts, grades 4-5. Fees include cost of materials and badge. Register with the Girls Scouts at http://www.girlscoutsnebraska.org/.

Sat. Sept. 8  10 am – Noon
Prairie Building    $13/scout

Bites, Bikes, and Bison
Bites, Bikes, and Bison. Enjoy a bike ride and bites and brews from local vendors overlooking the bison at the Nature Center. This is a fundraising event hosted by the Friends of Pioneers Park Nature Center. More information and tickets will be available at LNKnaturecenter.org.

June 30  SAT  9 am – 2 pm
Prairie Building  $35/person

Herb Festival: Celebrating the Herb of the Year Hops
This year’s Herb Festival is co-hosted by the Friends of Pioneers Park Nature Center. All proceeds will benefit the Pioneers Park Nature Center and the Louise Evans Doole Herb Garden. More information and tickets will be available at LNKnaturecenter.org.

Aug. 11  SAT  3:00 – 5:30 pm
Dinner 6:30 pm
Kids of all ages will enjoy:
Mud Sculpting, Bubble Painting,
Life Size Kaleidoscope, Art
in the Park Scavenger Hunt,
Chalk Painting, Super Human
Photography, and more!

Little ones will enjoy bubbles, face
painting, and balloon twisting.

Schedule of performances and events:
4:30 pm: Reading of “The Dot”
4:45 pm: The Lincoln Continentials
5:15 pm: Goodrich Step Club
5:30 pm: The Lincoln Continentials
6:30 pm: Duck Race

Follow us on Facebook and Twitter for
announcements!

Communities Partnered Events

Stransky Park Summer Concert Series
Stransky Park concerts will continue to be free
and family friendly. Performers are supported
by tips from the audience. Blankets and/or
lawn chairs are encouraged. More information
about the concerts can be found throughout
the season on Facebook (facebook.com/
stranskyconcerts) and the KZUM website
(kzum.org). Community Partner: KZUM

May 24 - Aug 9  R 7:00pm
Stransky Park, 17th & Harrison Street

Flatwater Shakespeare
Performances in the Parks
“The Tempest”: Adult Production
Chairs will be provided at the performances
held at Wyuka Cemetery and the Lincoln
Community Foundation Garden. Audience
members are encouraged to bring lawn
chairs or blankets for the other locations. For
more information, including performance
locations and to purchase tickets, visit
flatwatershakespearecompnay.org. Community
partner: Flatwater Shakespeare Company.

June 7-10, 14-17, 21-24  Locations vary
All performances begin at 7:00pm.

Lincoln Municipal Band
Summer Concert Series
Shildneck Bandshell, Antelope Park,
Garfield Street & Memorial Drive

July 1  SUN  7 pm
Star Spangled Salute: Featuring the winner of
the John Shildneck Young Artist Competition

July 8  SUN  7 pm
Sunday Night at the Movies: Popcorn and Pics

July 15  SUN  7 pm
Picnic in the Park: Sunday, Fun-Day

July 22  SUN  7 pm
Classic Music: Classic Cars

July 29  SUN  7 pm
Space, the Final Frontier: One Giant Leap for
Mankind

August 5  SUN  7 pm
On this Date: Famous Anniversaries

August 12  SUN  7 pm
Salute to Veterans: Home of the Brave

Noyes Art Gallery
Presents
“SUN SALUTATION”
6th Annual
Art In The Garden
Sat., Sept. 15th, 2018
11 AM-7 PM
Sunken Gardens
27th & Capitol Parkway,
Lincoln, Ne.
Paint Location: Mildew Pavilion
Free Admission
Food Vendors
Dancers
Music
Original Art

Tuesday, July 3, 2017
Oak Lake Park
1st & Charleston Street
Activities from 4-8 pm.
Fireworks start at 10 pm.
Visit lincoln.ne.gov(keyword: USJ)
for more information.
BELMONT FAMILY IN THE PARK
Belmont Park & Pool, 1234 Judson St.
Wednesday, August 8, 2018 | 6-7 pm
Fun and swimming for all ages at Belmont Park and Pool. Hotdogs and chip provided. For more information, call (402) 441-6789.

National Recreation & Parks
Family Fitness Day
Saturday, June 9, 2018

Family Fitness Day is celebrated the second Saturday in June each year. Join us on Facebook for ways Parks and Recreation can help your family can stay fit all summer.

Lincoln Play Day!
Wednesday, August 9 | 5-7 pm
Woods Park, 33rd & “O” Street
Walk the Woods Park loop and play on the way! We have a wide variety of fun activities for kids of ALL ages, from 2 to 92! All activities at the park are free! Attendees are encouraged to walk, run and ride to this wellness event. The Splash Park will be open from 6-7 pm.

Free Fitness classes in the Jayne Snyder Trails Center, 250 North 21st Street
Tuesdays, 5:30-6:30 p.m. - Zumba
Wednesdays, 12:00-12:45 p.m. - Yoga
Thursdays, 5:30-6:30 p.m. - Zumba
Fridays, 12:00-12:45 p.m. - Feeling Fit
Saturdays, 10:00-11:00 a.m. - Yoga
(No class June 9, 13, 22, or 23)

May 29–September 29, 2018
All fitness levels welcome.
Please bring a yoga mat or thick towel for yoga.
Parking may be available in front of the building or in the parking lot north of 21st & Q.
Biking to class is encouraged!

Co-sponsored by the
Community Health Endowment of Lincoln
and
Lincoln Parks & Recreation

Move More Lincoln
Wellness Series

May 29–September 29, 2018
Free fitness classes in the Jayne Snyder Trails Center, 250 North 21st Street

September 2-30, 2018
PLAY Lincoln - free outdoor yoga
John Shildneck Bandshell
Antelope Park, 3140 Sumner Street
Every Sunday in September, 10 a.m.

WATER FITNESS
Wacky Water Sports
Bring yourself or the whole family as we explore the joy of underwater hockey, logrolling, water polo, and aqua-quidditch. Two of events will be provided each class. Swimming ability preferred. Ages: 6yrs +

Fit and Strong
Fit & Strong! is an evidence-based 12-week physical activity/self-management program that targets people with lower extremity osteoarthritis. The first hour is comprised of exercise incorporating stretching and flexibility, low-impact aerobics/fitness walking, strength training, and balance exercises, followed by health education/group problem solving for behavior change.

Canoeing at Holmes Lake
Get outside and enjoy canoeing on Holmes Lake. Our staff will teach you how to properly navigate the waters. Lifejackets, canoes and paddles are provided for the experience. Meet at the canoe rack on the North side of Holmes Lake, 70th & Normal Blvd.

May 30    WED    5:30-7:30 pm
June 27   WED    5:30-7:30 pm
July 25   WED    5:30-7:30 pm
August 29 WED    5:30-7:30 pm

Crunch and Lunch
Free Breakfast and Lunch for kids ages 2-18. Free Weekly activities for kids who have completed K-5. Breakfast served from 9-9:30. Lunch served from 12-12:30 at ConnectionPoint (1333 N. 33rd). Learn more and register online at parks.lincoln.ne.gov. For more information, call (402) 441-4900.

*No program or food on 7/4.

May 30    WED    5:30-7:30 pm
June 27   WED    5:30-7:30 pm
July 25   WED    5:30-7:30 pm
August 29 WED    5:30-7:30 pm

 Crunch and Lunch
Free Breakfast and Lunch for kids ages 2-18. Free Weekly activities for kids who have completed K-5. Breakfast served from 9-9:30. Lunch served from 12-12:30 at ConnectionPoint (1333 N. 33rd). Learn more and register online at parks.lincoln.ne.gov. For more information, call (402) 441-4900.

*No program or food on 7/4.

May 30    WED    5:30-7:30 pm
June 27   WED    5:30-7:33 pm
July 25   WED    5:30-7:30 pm
August 29 WED    5:30-7:30 pm

YOGA
Yoga in Henry Park
Meet at the open shelter in Henry Park. Participants are encouraged to bring a yoga mat or beach towel. Weather cancellations will be announced on the Calvert Rec. Center’s social media (see pg 4) and outgoing voicemail message on (402) 441-8480.

Date/Time TBD  FREE

Henry Park, 44th & Prescott Ave.
### SUMMER LONG PROGRAMS

#### Family Swim Night
Swim with the family for one low rate!
- May 28-August 10
- Locations vary on day
- $9/family

#### Night Splash
A FREE after-hours party for middle school students.
- June 7
- 8:30-10:30 pm
- Arnold Heights, Star City Shores, University Place

#### Dog Splash
We love our parks, pools and dogs! Bring your dog for the annual swimming fundraiser for the Greater Lincoln Obedience Club. Contact Janet at (402) 416-5540 for more information. No children allowed under age 8yrs.
- Aug 19
- 6:30-8:30 pm
- Star City Shores
- $10/dog/handler

### LESSONS & LEAGUES

#### Swim Lessons
Lessons available for all ages and skill levels. Offered at all pools. Schedule varies by pool.

<table>
<thead>
<tr>
<th>Session</th>
<th>Date</th>
<th>Fees</th>
</tr>
</thead>
<tbody>
<tr>
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<td>June 4-14</td>
<td>$40-$55</td>
</tr>
<tr>
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<td>June 18-28</td>
<td></td>
</tr>
<tr>
<td>Session 3</td>
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<td></td>
</tr>
<tr>
<td>Session 4</td>
<td>July 23-Aug 2</td>
<td></td>
</tr>
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</table>

#### Adaptive Swim
An inclusive program to further basic skills. Please contact Anna to find the best fit for your child, swimlessons@lincoln.ne.gov

| Ages 1-12 | $32-55/session |

#### Swimming and Diving League
Introduction to competitive swimming and diving for 6-18 year olds.

| Practice: June 4-July 20 | M-F |
| Dive Meets: R, June 14, 21, 28 and July 5 | |
| All City Dive Meet: July 19 | |
| Swim Meets: SAT, June 16, 23, July 2, 7 | |
| All City Swim Meet: July 21 | |

#### Basic Swim Instructor
Learn how to be a swim instructor or assistant instructor with these key skills. Course times arranged with instructor. Contact swimlessons@lincoln.ne.gov for info.

| By arrangement | Ages 12-18 | $60 |

#### Water Safety Instructor
Must know basics of front crawl, back crawl, breaststroke, sidestroke, elementary backstroke, and butterfly. Course times arranged with instructor. Contact swimlessons@lincoln.ne.gov for info.

| By arrangement | Ages 16+ | $120 |

### LOCATIONS

#### Aquatic Centers
- Highlands, 5511 NW 12th
- University Place, 2000 N 48th
- Star City Shores, 4375 S. 33rd Ct.
- Arnold Heights, 4000 NW 46th
- Ballard, 3901 N 66th
- Belmont, 12th & Manatt
- Eden, 4400 Antelope Creek
- Irvingdale, 1900 Van Dorn
- Woods, 33rd & J

#### Neighborhood Pools
- Star City Shores, 4375 S. 33rd Ct.
- University Place, 2000 N 48th
- Highlands, 5511 NW 12th
- Arnold Heights, 4000 NW 46th
- Ballard, 3901 N 66th
- Belmont, 12th & Manatt
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- Irvingdale, 1900 Van Dorn
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### LIFEGUARDING

#### American Red Cross Certification
- Junior Lifeguard
  - Gain the basic swimming and lifesaving skills to prepare to be a lifeguard. Schedule varies by location.
  - Ages 10-15: $30
- Lifeguard Prep
  - This is a preparation course for those who want to ensure readiness for a lifeguard course. Schedule varies by location.
  - Ages 15+: $35
- Lifeguard Certification
  - Must pass prerequisite skill session to continue in class. Must attend all sessions in course.
  - Ages 10-15: $100
- Lifeguard Instructor
  - Must have current Lifeguard certification. Must demonstrate skill proficiency in all course skills, and ability to teach according to American Red Cross curriculum.
  - Ages 15+: $165

### LESSONS & LEAGUES

#### Swim Lessons
Lessons available for all ages and skill levels. Offered at all pools. Schedule varies by pool.

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| Ages 1-12 | $32-55/session |

### GENERAL

#### Rent a Pool
Pools are available for family and group events. 1.5 hour rental time is usually after closing. Requests can be made after opening on May 26. Star City Shores requests taken pre-season. Fees in chart below. *Pricing is for up to 100 guests with 1 dog/handler.

<table>
<thead>
<tr>
<th>POOL LOCATIONS</th>
<th>Rent a Pool!</th>
<th>0 - 2</th>
<th>3 - 17</th>
<th>18-61</th>
<th>61+</th>
</tr>
</thead>
<tbody>
<tr>
<td>Neighborhood Pools</td>
<td>$140-$230</td>
<td>Free</td>
<td>$4.00</td>
<td>$5.25</td>
<td>$4.75</td>
</tr>
<tr>
<td>Aquatic Centers</td>
<td>Highl...</td>
<td>$175</td>
<td>Free</td>
<td>$4.50</td>
<td>$5.75</td>
</tr>
<tr>
<td>University Place Aquatic Center</td>
<td>$200</td>
<td>Free</td>
<td>$4.50</td>
<td>$5.75</td>
<td>$5.20</td>
</tr>
<tr>
<td>Star City Shores Aquatic Center</td>
<td>$520</td>
<td>Free</td>
<td>$4.75</td>
<td>$6.00</td>
<td>$5.40</td>
</tr>
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  - Ages 10-15: $100
- Lifeguard Instructor
  - Must have current Lifeguard certification. Must demonstrate skill proficiency in all course skills, and ability to teach according to American Red Cross curriculum.
  - Ages 15+: $165
- Lifeguard Instructor/Trainer Review
  - Must be a current American Red Cross Lifeguard Instructor or Instructor Trainer.
  - Location/ Day /Time TBA $40

### Extended Season
- Star City Shores
- August 13-19, 2018

### Rent a Pool
- Low Income* - Identified by case worker.
- Passes** - No discounts for season passes.

A *Arnold Heights, Ballard, Belmont, Eden and Irvingdale pool rental is $140. Woods pool rental is $230.

Purchase at pool or online at lincoln.ne.gov under e-pay services. Family pass includes up to two adults and four youth (ages 3-17) in the same family/household. Add $25 for each additional youth over first four. Additional fees are required per visit when neighborhood season passes are used at Highlands, University Place Pools ($ .25) and Star City Shores ($ .50).

Highlands and University Place pass holders need to pay an additional $ .25 per visit at Star City Shores.
PRESCHOOL

**Dual Language Preschool**
Thematic content supports language development in both English and Spanish while 3-5-year-olds of all language backgrounds have fun playing and learning kindergarten readiness skills. Children must be toilet trained. Children must be three years old by 9-4-18 regardless of registration time. Two and three day sessions available. *NEED-BASED SCHOLARSHIPS AVAILABLE*

<table>
<thead>
<tr>
<th>Start Date</th>
<th>Days</th>
<th>Time</th>
<th>Location</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Starts Sept 5</td>
<td>M/W</td>
<td>9-11:30 am</td>
<td>IRV</td>
<td>$69.00/mo</td>
</tr>
<tr>
<td>Starts Sept 4</td>
<td>T/R</td>
<td>9-11:30 am</td>
<td>IRV</td>
<td>$69.00/mo</td>
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<td>IRV</td>
<td>$97.00/mo</td>
</tr>
</tbody>
</table>

**Calvert Licensed Preschool**
Our preschool program consists of fun early childhood activities to help support the learning and development of children ages 3-5.

<table>
<thead>
<tr>
<th>Type</th>
<th>Start Date</th>
<th>Days</th>
<th>Time</th>
<th>Location</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>5-day</td>
<td>Sept 4</td>
<td>M-F</td>
<td>9-11:30 am</td>
<td>CALV</td>
<td>$166/mo</td>
</tr>
<tr>
<td>3-day</td>
<td>Sept 5</td>
<td>M/W/F</td>
<td>9-11:30 am</td>
<td>CALV</td>
<td>$97/mo</td>
</tr>
<tr>
<td>2-day</td>
<td>Sept 4</td>
<td>T/R</td>
<td>9-11:30 am</td>
<td>CALV</td>
<td>$69/mo</td>
</tr>
</tbody>
</table>

**Nature Preschool at Pioneers Park Nature Center**
Our philosophy is that children learn by doing: hiking, climbing, digging, building, and being outdoors. Preschool is offered for 3-4 year olds, and Pre-K is available for 4-5 year olds. For more information contact the Preschool Director, 402-441-8669.

**Preschool (3-4 year olds)**

<table>
<thead>
<tr>
<th>Start Date</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sep 6</td>
<td>9-11:30 am</td>
<td></td>
</tr>
<tr>
<td></td>
<td>12:30-2:30 pm</td>
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</tbody>
</table>

**Pre-kindergarten (4-5 year olds)**

<table>
<thead>
<tr>
<th>Start Date</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sep 7</td>
<td>9-11:30 am</td>
<td></td>
</tr>
<tr>
<td></td>
<td>12:30-2:30 pm</td>
<td></td>
</tr>
</tbody>
</table>

Learn more and register online at parks.lincoln.ne.gov (keyword: schools out)
SENIORS

FUN & FREE ACTIVITIES FOR OLDER ADULTS

Billiards
Ongoing M-F 8 am-3 pm FST FREE

Choir
Ongoing M 9-10:30 am FST FREE

Widowed Persons Club
Support and fun social activities for widows and widowers.
June-August 2nd & 4th SUN 2-4 pm CALV FREE

Open Door Senior Time
Senior citizens can utilize the center for leisure activities, a walk in the gym, or friendly conversation over a cup of coffee.
Ongoing M 9:30-11:30 am APW FREE

Fitness Center
All ages are welcome at the fitness center. Cardio equipment, strength training equipment, free weights, balance, and other exercise aids are available.

Wellness Programs
Preregistration is required for all classes by calling 402-441-7575. Please register early. Classes that do not have sufficient enrollment will be cancelled.

Chair Tai Chi
This ongoing program is based on the modified Tai Chi – Moving for Better Balance 8 Form program. Participants are taught simple movements they can practice sitting or standing near a chair.
Ongoing T 9:45 - 10:30 am Aging Partners Health and Fitness Center

Dynamic Movement Classes
Each class focuses on stretching, breathing and a unique combination of dance steps and synchronized movements that will isolate muscle groups, enhance flexibility, increase heart rate and improve strength.
*No class May 28.

Chair Yoga
Chair yoga is one of the gentlest forms of yoga available. It is a unique style that adapts yoga positions and poses through creative use of a chair. Poses are done seated or the chair is used for support during standing and balance poses. Emphasis will be on breathing, balance and taking things at your own pace. Chair yoga is suitable for all ages, fitness levels and physical conditions. Beginners welcome.
April 20 - July 6 F 11 am - 12 pm East Lincoln Christian Church, 7001 Edenton

Diabetes Self-Management Workshop
The Diabetes Self-Management Workshop is a six-week course for adults with diabetes, their family members and friends. Learn about diabetes including: monitoring blood sugar, foot care, communicating with care providers, goal setting, stress management and more. This workshop is offered at no cost but suggested contributions of $4 per class are appreciated! No class on July 4.
June 6 - July 18 W 9:30 - 11:30 am Aging Partners Fitness Center

Feeling Fit Fridays
Part of the Move More Lincoln Wellness Series. Instructors will be leading some of the popular fitness classes that we offer throughout the year. Sponsored by Community Health Endowment of Lincoln.

Technology

Basic Computer Skills
Class will focus on computer basics, including Microsoft Word, and Email. An emphasis will be made on internet safety. Each 60 minute class will include group instruction and 30-minutes of practice and questions.

Computer Lab
*Subject to needs of Summer Day Camp Program

Gear-Tech/LEGO® Robotics
Grades: 4 - 8. Learn the basics of building and programming LEGO® robots.

New RecTech Camps – STEM camps for youth

Robotics Camp
Explore the basics of building and programming with Lego Robotics. Participants will work with partners or small teams while using STEM skills to solve problems. Participants will design and build a simple robot and learn to program using Move and Turn commands. Grades 4-7 (students completing these grades)

Engineering Camp
Discover the amazing world of construction and energy! LPS Teachers will teach about why shapes are so important in construction, why windmills are making a comeback, and if you are full of hot air. During the 4-night camp you will become an engineer to design, build, and test your ideas. How will your engineering skills impact the world of the future? Grades 5-8 (students completing these grades)
VOLUNTEER OPPORTUNITIES

ADOPT-A-TRAIL

ADOPT-A-PARK

ADOPT-A-LINCOLN LANDSCAPE

COMMUNITY TREE PLANTING

SWIM & DIVE TEAMS
• Assist the swim or dive team coach with practice, run drills, develop skills, supervise practice. Weekly swim/dive meets also need volunteers.

SPECIAL OLYMPICS
• Lincoln Parks and Recreation’s Lincoln Shooting Stars Special Olympics team practices for competition in 10 sports. Program is open to athletes ages 8 and older. We also offer the Young Athletes Program for ages 2-7.
• Volunteers are needed for coach assistants, Unified Partners, practice assistants and general supervision.
Year-round opportunities at various locations. Call (402) 441-7877.

GARDEN VOLUNTEER
Wake up the Beds - Sunken Gardens
• Saturday, May 12 at 8:30 am until finished
• Limited to the first 60 volunteers.
• Call (402) 441-7847, opt 0 or email parksvolunteers@lincoln.ne.gov

Put the Beds to Bed - Sunken Gardens
• Saturday, November 3, 2018 at 8:30 am until finished.

Pioneers Park Nature Center Gardens
• Volunteers are needed to help maintain the gardens at Pioneers Park Nature Center and occasionally for visitors’ services, newsletter mailings and special events. Prairie garden and children’s garden volunteers meet Saturday mornings, and herb garden volunteers work on weekday mornings.

GARDEN DOCENTS & GARDEN GAB
• Prairie garden and children’s garden volunteers meet Saturday mornings, and herb garden volunteers work on weekday mornings.

GARDEN DOCENTS & GARDEN GAB
Call (402) 326 9045 or email zhalley@lincoln.ne.gov for more information.

Garden Gab
Perform annual and perennial garden maintenance at Sunken, Rotary, and Hamann Rose Garden. Learn different aspects of horticulture from the Garden staff and then apply these skills in the Gardens. A new weekly gardening topic will be discussed at the beginning of each Tuesday session.

May 15th – Oct T & R 9:00 am – 12 pm

Garden Docents
Volunteers will meet and greet Garden visitors, providing information about the Garden history and learn about the plants in the Gardens plus provide guidance to Garden Patrons. Docent Training will be available.

June – Oct Daily Flexible hours

“VIP” SATURDAYS (Volunteer In Parks)
Gather your friends, families, churches, or coworkers for these pre-planned volunteer events. Email parksvolunteers@lincoln.ne.gov with questions or to sign up.

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<thead>
<tr>
<th>Date</th>
<th>Time</th>
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<tbody>
<tr>
<td>May 19</td>
<td>8-11 am</td>
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<td>June 16</td>
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<td>July 21</td>
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<td>August 18</td>
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<td>October 20</td>
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<td>November 17</td>
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Lincoln Parks & Recreation has many volunteer opportunities: coaching youth, special events, parks and trail clean ups, and landscape maintenance.

Choose from activities for individuals, organizations and businesses, as well as one-day events or the monthly VIP (Volunteers In Parks) activities.

Find out more about volunteering by emailing parksvolunteers@lincoln.ne.gov or visiting parks.lincoln.ne.gov/volunteer.

Volunteers are FUNdamental! parks.lincoln.ne.gov/volunteer