

**LINCOLN FIRE AND RESCUE**

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**INTERNATIONAL FIRE/EMS SAFETY  
AND HEALTH WEEK BEGINS JUNE 17**

Lincoln Fire and Rescue (LFR) will participate in the 2012 International Fire/EMS Safety and Health Week June 17 through 23. Safety and Health Week is sponsored by the International Association of Fire Chiefs (IAFC) and the National Volunteer Fire Council (NVFC) with the support of a network of fire service, health and safety organizations. The goal of the week is to improve firefighter safety and health to help them survive emergencies and live longer.

"Lincoln Fire and Rescue will observe Safety and Health Week by recommitting ourselves to workplace safety," said Battalion Chief Derald Murrell. "Our firefighters work tirelessly to protect the city. To ensure a constant state of readiness, we'll focus on our own health and safety to help us deliver the high quality of service residents expect and deserve in the most effective, efficient and safest way possible."

The theme for this year's observance is "Rules You Can Live By." Fire and EMS personnel will use the tools and resources of two nationally acclaimed programs – the IAFC Safety, Health and Survival Section's Rules of Engagement and the NVFC's Heart-Healthy Firefighter Program. Heart attacks are the leading cause of on-duty firefighter fatalities, and about 81,000 firefighters are injured each year.

LFR employs 295 firefighters and EMS personnel. More information on LFR is available at [fire.lincoln.ne.gov](http://fire.lincoln.ne.gov). More information on International Fire/EMS Safety and Health Week is available at [safetyandhealthweek.org](http://safetyandhealthweek.org).