

SAMPLE PIERCING SHOP
12345 N ANYWHERE STREET
LINCOLN, NE 68510

Aftercare for Your Piercing

Make sure you keep these written instructions on how to care for your piercing.

Wash your hands thoroughly with a mild anti-bacterial soap and water before touching or cleansing the pierced area.

Body piercings should be cleaned once or twice daily. Cleaning too frequently can irritate your piercing.

Do not play with your jewelry as it can cause infection.

Avoid submersion in pools, lakes, or streams until your piercing is fully healed.

If you have had genital piercing, avoid sexual contact until the area is well healed.

A nipple piercing will not affect a woman's ability to breast feed. DO NOT breast feed while wearing the piercing (ie: ring, barbell, and earring). Always make sure any infection is treated promptly.

If your piercing does not seem to be healing or becomes infected, (pain, redness, swelling or oozing pus), see a health professional. Please let us know, as well.

There are infection control standards for body piercers in Lincoln, Nebraska. For more information contact:

Lincoln-Lancaster County Health Department
Body Art Program
3131 "O" Street
Lincoln, Nebraska 68510
(402) 441-6712