

Our Child Care Center Supports Breastfeeding

Because we are committed to healthy mothers and children,

Our Child Care Center Supports Breastfeeding

In order to support families who are breastfeeding or who are considering breastfeeding, we strive to do the following:

- Make a commitment to the importance of breastfeeding, especially exclusive breastfeeding, and proudly share this commitment with our staff and clients.
- Train all staff in supporting the best infant and young child feeding.
- Inform families about the importance of breastfeeding.
- Develop a breastfeeding-friendly feeding plan with each family.
- Train all staff to handle, store, and feed mother's milk properly.
- Teach our clients to properly store and label their milk for child care center use.



- Provide a breastfeeding-friendly environment, welcoming mothers to nurse their babies at our center.
- Display posters and brochures that support breastfeeding and show best practices.
- Contact and coordinate with local skilled breastfeeding support and actively refer.
- Continually update our information and learning about breastfeeding support.

Breastfeeding Families Welcome Here!

Breastfeeding-Friendly Child Care Initiative

A collaboration between Wake County's Child Care Health Consultants and the Carolina Global Breastfeeding Institute



UNC
GILLINGS SCHOOL OF
GLOBAL PUBLIC HEALTH



Child Care Health Consultant Program is funded by Wake County SmartStart, working to ensure children, ages 0 to 5, are prepared for success in school and in life.

Reproduced with permission from: Carolina Global Breastfeeding Institute, <http://www.sph.unc.edu/breastfeeding/>, 919-966-3774.