

# Lincoln-Lancaster County Health Department Alternative Training Form

Alternative Training is one option to fulfill the operator and staff health and safety training requirements of Lincoln Municipal Code 8.14. The alternative training can be completed through a variety of resources. Contact 402-441-8023 if you are unsure if the alternative training will meet criteria for approval. *Staff completing the alternative training option must complete this form and keep a copy of it on file at the child care facility.*

*(Please Print)*

**Staff Name:** \_\_\_\_\_

**Type of Resource** *(Check one):*

- In Person Training      Length (minutes): \_\_\_\_\_      Trainer: \_\_\_\_\_  
 Online Training      Length (minutes): \_\_\_\_\_      Website: \_\_\_\_\_  
 Other: \_\_\_\_\_      Length or # Pages: \_\_\_\_\_

*50 pages of reading materials equals one hour of training. Training, in-service, video, DVD and audio equal the actual number of minutes/hours.*

**Check all the health and safety practices the material covered:**

- **Food Safety:** \_\_\_ Safe Food Handling \_\_\_ No Bare Hand Contact
- **Illness Prevention/Exclusion:** \_\_\_ Hand Washing \_\_\_ Health Check \_\_\_ Illness Symptom Recognition
- **Safe Environments:** \_\_\_ Injury Prevention \_\_\_ Supervision \_\_\_ Toy Safety \_\_\_ Choking Hazards  
                                 \_\_\_ Room Arrangement \_\_\_ Attendance Documentation \_\_\_ Infant Safe Sleep  
                                 \_\_\_ Outdoor Environment/Playground Safety
- **Sanitation:** \_\_\_ Cleaning \_\_\_ Sanitizing & Disinfecting \_\_\_ Diapering

**What did you learn from this material that will help you provide a healthy and safe environment for the children, families and staff at your facility?**

**List 3 health and safety practices you will implement starting tomorrow:**

- 1.
- 2.
- 3.

\_\_\_\_\_  
*Staff Signature*

\_\_\_\_\_  
*Date*

*I certify that the above staff completed this alternative training.*

\_\_\_\_\_  
*Center Director Signature*

\_\_\_\_\_  
*Date*

*\* Effective August 1, 2014, the Early Childhood Training Center must approve training that is used to satisfy child care licensing criteria for required training, annual in-service, and training needed for participation or advancement in Step Up to Quality. <https://www.education.ne.gov/OEC/trainingapproval.html>*

