



A Pioneering Area Agency on Aging

## In-home services

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### Medicare

#### Medicare Helpline

1-800-633-4227

[medicare.gov](http://medicare.gov)

**Medicare** - Pays the full cost of medically necessary home health visits that meet specific criteria by a Medicare approved home health agency. A home health agency is a public or private agency that provides skilled nursing care, physical therapy, speech therapy, and other therapeutic services in the patient's home. These services are usually provided on a periodic basis by a visiting nurse and/or home health aide. Some services may require you to be confined to your home and be under a physician's care. *Check with your home health agency regarding Medicare coverage.*

**Medicare Hospice Care** - Medicare pays for hospice care for terminally ill beneficiaries who choose to receive hospice care rather than regular Medicare benefits for management of their illness. Medicare hospice is primarily a program of care provided in the patient's home by a Medicare approved hospice provider. *The focus is on care and not cure. Ask your hospice care provider about specific Medicare coverage.*

### Department of Health and Human Services

#### Nebraska State Office

402-471-3121

301 Centennial Mall South, Lincoln, NE 68509

These programs have income and resource requirements.

**Social Services Block Grant (SSBG)** - A person must be age 60 and over or disabled to be eligible. Income may be up to \$1,088 per month. A couple may have up to \$1,221 per month to qualify. Services may include: transportation, meals-on-wheels, adult day care, congregate meals, and chores (light housekeeping, grocery shopping, laundry, and meal preparation.)

**Disabled Persons and Family Support Program** - Persons age 60 and over or disabled may qualify if income is less than \$1,364 per month. A couple may have up to \$1,784 per month. This program disregards medical expenses. The program may assist with disability related expenses such as: architectural home modification to remove barriers, attendant care, home health care, housekeeping, special equipment, respite care, and transportation. To apply call: 402-471-9310 (Lincoln) or 1-800-358-8802.

**Medicaid** - A State program that assists in the payment of medical expenses for eligible persons age 65 and over, blind or disabled. In-home service includes personal and home health care. Income and resources must be below the medical assistance guidelines: \$981 per month for individuals and a couple may have up to \$1,328 per month.

**Medicaid Waiver** - Provides Medicaid recipients, age 65 and over, with significant health problems funding for the following services that are not usually considered "medical," i.e., chore services: housekeeping, meal preparation, shopping, escort and supervision, adult day care, respite care, independent skills management and transportation.

*This fact sheet is distributed to help you obtain useful information regarding available community services and is not an inclusive list of providers. The information is subject to change following publication.*

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