Qigong Refresh and Recharge

- Cotner Center Condominium
  1540 N. Cotner Blvd.
  (use Cotner Blvd. entrance)
  Mondays, 10:30 to 11:30 a.m.
  Sept. 9 through Dec. 2
  (no class Nov. 11)

- Auld Pavilion
  1650 Memorial Drive
  Thursdays, 9:30 to 10:30 a.m.
  Sept. 12 through Dec. 5
  (no class Nov. 28)

Call 402-441-7575 to register or for more information.