

# UNMC Health Clinic

*Routine health care at low or no cost.*

## Downtown Center

1005 "O" St., lower level  
For transportation, call 402-441-7506.

Clinic services are available to people age 60 and over. **Please bring a list of your prescriptions and over-the-counter medications.**

### Services Available

- Comprehensive foot care
- Ear wax removal
- Blood glucose screenings
- Blood pressure screenings
- Cholesterol screenings
- Health promotion education

A \$15 suggested contribution will enable us to continue providing services.

**No  
Appointments  
Necessary!**



Pat Mehmken, RN with Aging Partners, and a University of Nebraska Medical Center student nurse assist a client at the health clinic with foot care.

## New schedule

- Thursdays, 9:30 a.m. to 1:30 p.m.  
Jan. 10 (foot care only)  
Jan 24 and 31  
Feb. 7, 14, 21 and 28  
March 7, 14 and 28  
April 4, 11 and 18

**For more information,  
call 402-441-7575.**