Lincoln Public Schools
Food Zone

Summer Cold Lunch Menu
August 2016

Monday	Tuesday	Wednesday	Thursday	Friday
AUGUST 1	**AUGUST 2**	**AUGUST 3**	**AUGUST 4**	**AUGUST 5**
Entrée 1 EA Chilled 100% Fruit Juice 4 OZ Fruit ½ C Milk 1 C	**ENTRÉE 1 EA** Chilled 100% Fruit Juice 4 OZ Fruit ½ C Milk 1 C	**COLD MEAT SANDWICH 1 EA** Cold Meat 2 Meat Servings Whole Grain Bread/Bun 2 SL/1 EA Salad Dressing 1 Pkt Chilled 100% Fruit Juice 4 OZ Fruit ½ C Milk 1 C	**ENTRÉE 1 EA** Chilled 100% Fruit Juice 4 OZ Fruit ½ C Milk 1 C	**COLD MEAT SANDWICH OR ENTRÉE 1 EA** Cold Meat 2 Meat Servings Whole Grain Bread/Bun 2 SL/1 EA Salad Dressing 1 Pkt Chilled 100% Fruit Juice 4 OZ Fruit ½ C Milk 1 C
AUGUST 8 Entrée 1 EA Chilled 100% Fruit Juice 4 OZ Fruit ½ C Milk 1 C	**AUGUST 9** **ENTRÉE 1 EA** Chilled 100% Fruit Juice 4 OZ Fruit ½ C Milk 1 C	**AUGUST 10** **COLD MEAT SANDWICH 1 EA** Cold Meat 2 Meat Servings Whole Grain Bread/Bun 2 SL/1 EA Salad Dressing 1 Pkt Chilled 100% Fruit Juice 4 OZ Fruit ½ C Milk 1 C	**AUGUST 11** **ENTRÉE 1 EA** Chilled 100% Fruit Juice 4 OZ Fruit ½ C Milk 1 C	**AUGUST 12** **COLD MEAT SANDWICH OR ENTRÉE 1 EA** Cold Meat 2 Meat Servings Whole Grain Bread/Bun 2 SL/1 EA Salad Dressing 1 Pkt Chilled 100% Fruit Juice 4 OZ Fruit ½ C Milk 1 C

*Menu subject to change without notice +Contains Pork http://www.lps.org Last Update: 4/22/2016