

Irving Recreation Center Day Camp Newsletter

Important Reminders

Our camp rules are:

- Be safe
- Be respectful
- Be responsible

Pack a sack lunch for your child in an insulated container. Microwave use will not be an option.

Wear tennis shoes to camp. Sandals and flip-flops are not safe options for camp activities.

Leave valuables at home (including money, cell phones, portable video games, etc.)

Label sunscreen and water bottles with your camper's name.

Do not hesitate to ask when you have questions or comments.

Contact Us

402-441-7954

dpayzant@lincoln.ne.gov
parks.lincoln.ne.gov



Grades K-2

Box Tops/Labels for Education!

This summer our camp is going to try and collect as many box tops or labels for education as we can. If you have any box tops or labels at home feel free to send them with your camper and we'll donate them to a local elementary school.

THIS WEEK'S HIGHLIGHTS

Monday

In the morning we will be doing clubs. From 11:30-1:00 we will go swimming at Irvingdale Pool. Please bring your swimsuit, towel, and sunscreen. In the afternoon we will be doing centers.

Tuesday

In the morning we will be playing active and inactive games. From 11:15-12:00 we will be having our tennis lesson. In the afternoon we'll be introducing archery and bocce ball, and then doing some fitness testing.

Wednesday

In the morning we will be playing active games. From 11:30-1:00 we will go swimming at Irvingdale Pool. Please bring your swimsuit, towel, and sunscreen. In the afternoon we will be doing centers.

Thursday

In the morning we will be playing active games. At 12:00 pm we'll leave for our fishing fishing field trip with Parks and Rec.'s "Urban Prairie" program at Oak Lake. We'll plan to be back at the center by 4:00 pm. More information about this trip is located on the back of this newsletter. Parents are welcome to meet us at the lake if they'd like!

Friday

In the morning we'll be doing a character lesson, club, and tennis from 10:00-11:00. In the afternoon we'll be walking to the library and playing inactive games. Please send your camper with a library card if you'd like them to be able to check out a book.

Fitness Focus: Flexibility

-Alexa, K-2 Camp Director

EMAIL NEWS

Don't miss a newsletter and have other important weekly information delivered directly to your inbox! Update your email address with the rec. center office to make sure you stay current on all there is to know about Summer Day Camp at Irving Recreation Center.

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healthy me

A focused program where youth grow

A Fishing Adventure with Urban Prairie

Irving Day Camp
Grades K-2
Thursday, June 14
12:00—4:00 p.m.



What:

We will learn basic principles of water safety while fishing; learn how to safely use equipment necessary for fishing; and, catch and release native Nebraska fish. There are no boating activities associated with this fishing adventure.

Where:

We will fish at Oak Lake Park (Sun Valley Blvd. & Charleston Street).

Goals:

To help each camper become safe and comfortable around an open body of water.
To help each camper learn how to fish.
To educate camper on the social, physical, and environmental benefits of fishing.
To have a jolly good time.

What to wear:

Closed-toe closed-heel shoes. Any student not wearing closed-toe, closed-heel shoes will NOT be able to participate.

What to bring:

A water bottle and sunscreen.

What Urban Prairie will provide:

We will provide fishing equipment and bait for all participants. Please indicate to camp staff if you prefer your child to wear a life vest while near the water.

Contact:

If you have any questions about this program please contact your summer day camp site supervisor.

Urban Prairie 2012:

Urban Prairie is a Parks and Recreation program dedicated to outdoor pursuits in Lincoln and Nebraska. Urban Prairie seeks to expose youth and adults to the many outdoor sports and adventures that Lincoln and the Great Plains have to offer, such as hiking, fishing, camping and more. These activities are not only opportunities for a lifetime of exploration and adventure but also provide unique insight into Nebraska's ecosystems and natural resources. Urban Prairie encourages young people to try these new activities, and to appreciate and preserve the environment needed to pursue them. We actively and sustainably engage with Nebraska's natural environment in order to provide engaging and enriching activities to Lincoln's youth.