

# Irving Recreation Center Day Camp Newsletter

## Important Reminders

Our camp rules are:

- Be safe
- Be respectful
- Be responsible

Pack a sack lunch for your child in an insulated container. Microwave use will not be an option.

Wear tennis shoes to camp. Sandals and flip-flops are not safe options for camp activities.

Leave valuables at home (including money, cell phones, portable video games, etc.)

Label sunscreen and water bottles with your camper's name.

Do not hesitate to ask when you have questions or comments.

## Contact Us

402-441-7954

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parks.lincoln.ne.gov



## Grades K-2

### READING THROUGHOUT THE SUMMER

Here at Irving Summer Day Camp we know how important it is for kids to continue reading through the summer. We want to encourage them to read whenever possible. In order to help foster the love for reading they have library time once a week and they're also encouraged to read after lunch and during choice time. Feel free to send books along with your camper.

### SUMMER WEATHER

It's summer, and it's going to get hot! Be sure to read about Irving Day Camp hot weather procedures and heat-related illness prevention in this week's email newsletter. Also, make sure to update your email address with the office if you're not receiving our weekly emails!

### THIS WEEK'S HIGHLIGHTS

#### Monday

In the morning we will be doing fitness tests. From 11:30-1:00 we will go swimming at Irvingdale Pool. Please bring your swimsuit, towel, and sunscreen. In the afternoon we will be doing centers.

#### Tuesday

In the morning we will be playing active and inactive games. From 11:15-12:00 we will be having our tennis lesson. In the afternoon we'll be going to the park and participating in fitness tests.

#### Wednesday

In the morning we will be playing active games. From 11:30-1:00 we will go swimming at Irvingdale Pool. Please bring your swimsuit, towel, and sunscreen. In the afternoon we will be doing centers.

#### Thursday

In the morning we'll be playing active games. In the afternoon we'll be going on a field trip to the Lincoln Children's Zoo. We'll leave about 1:30 p.m. and be returning to the center around 4:00 p.m. Please send your camper with a water bottle since we'll be outside all afternoon.

#### Friday

In the morning we'll be doing a character lesson, club, and tennis from 10:00-11:00. In the afternoon we'll be walking to the library and playing inactive games. Please send your camper with a library card if possible.

**Fitness Focus:** Muscular Strength

-Alexa, K-2 Camp Director

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