



IRVING RECREATION CENTER

SUMMER DAY CAMP 2014

Grades 5-7

Important Reminders

Our camp rules are:

- Be safe
- Be respectful
- Be responsible

Bring meals in an insulated container. Refrigeration and microwaves are not available.

Wear tennis shoes to camp. Sandals and flip-flops are not safe options for camp activities.

Leave valuables at home (including money, cell phones, portable video games, etc.)

Label sunscreen and water bottles with your name.

Do not hesitate to ask when you have questions or comments.

Contact Us

402-441-7954

OCCASIONAL SCHEDULE CHANGES

In the final weeks of camp we will have some additional opportunities for community service and other special outings. These will be made possible by utilizing public transportation and last minute changes to the Parks and Rec. van fleet's transportation schedule. As a result, the schedule will be flexible. Anything not detailed in weekly newsletters will be posted at least one day in advance for parents and campers so you can plan accordingly. Patrick, 5-7 Camp Director

THIS WEEK'S HIGHLIGHTS

Monday

On Monday we'll start the day by practicing for Gr. 5-7 Play Day, which happens next week. Play Day is an active competition between all the Lincoln Parks and Recreation centers. Everyone who is there will get a chance to participate. Later in the day we'll go swimming from 11:30 a.m. to 1:00 p.m. Additionally, 10-15 campers will be volunteering at the Center for People in Need. We'll be leaving Irving around 12:30 p.m. and returning to Irving around 3:30 p.m.

Tuesday

In the morning we'll be practicing for our archery tournament that takes place Thursday, July 31. Not everyone will have to participate in this practice session, only those who will be competing in the archery tournament on Thursday. Today is also a swimming day so please bring your swimming gear.

Wednesday

Today everyone will be going on an exciting field trip to Oak Lake Park to fish and canoe with an outdoor adventure specialist and former Irving Recreation Center staff member. We'll be leaving for this field trip at 11:45 a.m. and returning at 3:30 p.m. We will also take our lunches for a picnic at the park.

Thursday

On Thursday we'll start the day with dodgeball and then enter our tennis/yoga rotations. Later in the day the girls will participate in the Girls Program. Thursday is also the day some of us will be competing in the archery tournament.

Friday

We're going to hopefully start the day with an obstacle course challenge if I can get some help from the campers. Later we'll enter our tennis rotations and finish the day with some fun active and non-active games.

PARKS AND REC. ARCHERY TOURNAMENT

Campers who completed at least 5 hours of archery instruction this summer and are proficient shooting from 15 meters will have an opportunity to participate in the Lincoln Parks and Rec. Summer Day Camp archery tournament this Thursday morning at the rec. center. Ribbons will be awarded by grade division and gender, and for participation.