



# Count on it

## Aetna<sup>®</sup> Institutes of Quality<sup>®</sup>

Quality care made simple

### Put your trust in facilities known for quality care

Over the years, hip and knee replacement, heart surgery and gastric bypass have become fairly common procedures. But all surgery carries some risk. So it's important to choose a facility known for providing quality care. After all, confidence and trust in a facility can put your mind at ease. When you become an Aetna member, you'll have access to a special network of hospitals and other facilities known as **Institutes of Quality**.

### What makes these facilities different?

Earning Institutes of Quality status with us isn't easy. To become part of this special network, facilities must meet strict standards for quality and efficiency.

So we measure many factors, like the level of care that patients receive, how often they return to the hospital after surgery and the number of procedures a facility performs. For more information about how we choose these facilities, please visit [aetna.com](https://www.aetna.com).

### These top-notch facilities specialize in certain procedures:

#### Bariatric (for weight loss)

- Surgery for people living with extreme or morbid obesity

#### Cardiac (for the heart)

- Rhythm disorders
- Heart surgery
- Certain heart treatments

#### Orthopedic (for the joints and spine)

- Spine surgery
- Knee replacement
- Hip replacement



Be sure to check your specific health plan for details. You may have to use an Institutes of Quality facility to receive coverage. And you may even pay less out of pocket, too.

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[aetna.com](https://www.aetna.com)

## Support every step of the way

We'll be right here to help you have a smooth recovery and get back to your life. And as a member, you'll have access to tools and easy-to-understand information to help you make wise decisions.



### Aetna member website

An online resource for your benefits and health information. You can find an Institutes of Quality facility or doctor, get cost estimates and much more.



### Aetna Member Services

Just contact us for information about your condition or if you have questions.



### Presurgical and postsurgical communications

We'll be in touch before and after your procedure with helpful advice to get you back on your way.

### Help with travel expenses, too

If the facility is more than 100 miles from your home, just call us. We'll tell you if your plan covers travel and lodging, and give you preapproval, as needed.



**Tip:** When looking for a specialist, look for hospital affiliation. Then click the name of the hospital to see if it's an Institutes of Quality facility.

### Find an Institutes of Quality facility near you

To see a list of facilities and specialists who treat at these facilities, go to [aetna.com](http://aetna.com) and click "Find a doctor."

To learn more, contact your Aetna representative or go to [aetna.com](http://aetna.com).

### THIS IS NOT INSURANCE. THIS IS AN ADDITIONAL SERVICE AVAILABLE WITH THE MEDICAL PLAN.

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