

Quality health plans & benefits  
Healthier living  
Financial well-being  
Intelligent solutions

aetna®

Get the support you  
need to help you  
manage your diabetes

# Aetna Prescription Drug Benefits

[www.aetna.com](http://www.aetna.com)



In Idaho, health benefits and health insurance plans are offered and/or underwritten by Aetna Health of Utah Inc. and Aetna Life Insurance Company (Aetna). For all other states, health benefits and health insurance plans are offered and/or underwritten by Aetna Health Inc., Aetna Health of California Inc., Aetna Health Insurance Company of New York, Aetna Health Insurance Company and/or Aetna Life Insurance Company. In Florida, by Aetna Health Inc. and/or Aetna Life Insurance Company. In Utah and Wyoming, by Aetna Health of Utah Inc. and Aetna Life Insurance Company. In Maryland, by Aetna Health Inc., 151 Farmington Avenue, Hartford, CT 06156. Each insurer has sole financial responsibility for its own products.

PPO-based health insurance plans  
HMO-based health benefits plans  
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# Easy ways to get your medicine

You have choices when it comes to getting your diabetes medicine. Here are three easy ways:

## Option 1: Use a network pharmacy

For each prescription, you pay an out-of-pocket cost. It can either be a flat fee or a percent of the prescription's cost. Network pharmacies know what you should pay at the point of sale. And you never have to turn in a claims form.

### Find a network pharmacy online

Log in to your secure member website at [www.aetna.com](http://www.aetna.com). For a print directory, call the toll-free number on your member ID card.

### Non-network pharmacies are available, but can be costly

You'll pay the full price for each drug if you choose a pharmacy out of network. And you'll have to turn in a claims form to get your money back.\*

To see what you pay, check your plan details on your member website.

## Option 2: Use your mail-order pharmacy\*\*

Retail pharmacies usually fill prescriptions for up to a 30-day supply. But with the Aetna Rx Home Delivery® mail-order pharmacy, you can get up to 90 days' worth. It's quick, private and standard shipping is free.

Pharmacists will quality check your order, just like at a retail pharmacy. And if you have an emergency, you can call anytime.

### It's easy to order

Fill out an order form, and mail it in with your prescription. Your doctor can fax it over, too.

You can find the form and instructions on your member website. Or call the toll-free number on your member ID card.

## Option 3: Use a durable medical equipment (DME) supplier\*\*\* in the Aetna network

DME suppliers may carry many items you need to manage your diabetes. You can also get the support you need to use your medicine and supplies safely.

### Find a network supplier online

Just log in to your secure member website at [www.aetna.com](http://www.aetna.com) to find one near you.

Sign up in seconds. Visit [www.aetna.com](http://www.aetna.com). Then follow the prompts. Once you're a member, log in anytime.

\*Check your plan before using a non-network pharmacy to see if you're covered.

\*\*There may be limitations. Not all pharmacy plans offer mail-order delivery. Some may offer mail order, but not retail pharmacy benefits. Check the materials that come with your plan for details.

\*\*\*There may be limitations. Not all medical plans offer a DME benefit. Check the materials that come with your plan for details.

# Simple ways to manage your diabetes

## Get a free blood sugar monitor and save on test strips

If you have diabetes, it's best to check your blood sugar levels regularly. You may save money if you use a monitor and test strips from the chart below. Plus, you can get a free monitor from Abbott Diabetes Care or LifeScan.

### Take these steps to get your free monitor:

1. Visit [www.aetna.com/formulary](http://www.aetna.com/formulary) or call the number on your member ID card to find out what test strip is preferred on your preferred drug guide.
2. Review the chart below with your doctor. Ask which monitor and preferred test strips are right for you. Decisions about your care are up to you and your doctor.
3. Ask for a prescription for test strips that go with the monitor you plan to order.
4. Request your free monitor.

## Getting started is easy

You'll get a starter kit with your test strips. See your doctor to get a prescription for more. Then, either:

- Get a 30-day supply at a retail pharmacy
- Get up to a 90-day supply<sup>†</sup> using Aetna Rx Home Delivery

Visit [www.aetna.com/formulary](http://www.aetna.com/formulary) or call the number on your member ID card to find out what test strips are preferred on your preferred drug guide (formulary).

Test strips	Corresponding monitors	Call or go online to get your free monitor
<b>Abbott Diabetes Care</b>		
FreeStyle®/FreeStyle Lite® test strips	FreeStyle Freedom Lite® FreeStyle Lite	Call: <b>1-866-224-8892</b> Visit: <b>www.choosefreestyle.com</b>
Precision Xtra® test strips	Precision Xtra	Select: <b>Aetna</b> Order code: <b>7NEPFFOD</b>
FreeStyle InsuLinx® test strips	FreeStyle InsuLinx	
<b>LifeScan, Inc.</b>		
OneTouch® Ultra® test strips	OneTouch® UltraMini® OneTouch® Ultra®2	Call: <b>1-877-764-5390</b> Visit: <b>www.onetouch.orderpoints.com</b>
OneTouch® Verio® test strips	OneTouch® Verio®IQ	Select: <b>Aetna</b> Order code: <b>123AET200</b>

<sup>†</sup>Certain states require that prescriptions for more than a 30-day supply be available through a network retail or mail-order pharmacy for the same out-of-pocket cost. Check the materials that come with your plan for details.

## One simple way to manage your plan online

You can find all the information you need to manage your health benefits and insurance plan in one place — your secure member website. It's loaded with your plan details and everything you need to take control of your plan.

### Log in to:

- Get order forms for Aetna Rx Home Delivery, and see if you can save
- Check the status of a claim
- Estimate drug costs, and search for less costly alternatives
- Find a network pharmacy or DME supplier

To sign up, visit [www.aetna.com](http://www.aetna.com).

## Extra help managing your diabetes

You may be able to take advantage of our disease management program.

### You'll get information and support to help you:

- Make changes in your diet and lifestyle
- Control blood sugar levels
- Use medical equipment and medicine safely

To see if you're eligible, log in at [www.aetna.com](http://www.aetna.com).

**It's easy to get the medicine and supplies you need. Take advantage of these options once you're an Aetna member.**

FreeStyle Freedom, FreeStyle Lite and Precision Xtra are products of Abbott Diabetes Care. OneTouch UltraMini and OneTouch Ultra2 are products of LifeScan, Inc., a Johnson & Johnson Company. The Aetna Blood Glucose Monitor Program does not apply to Medicare members.

**For HMO-based health benefits plans, this plan may not cover all of your health care expenses. Read your contract carefully to determine which health care services are covered. To contact the plan if you are a member, call the number on your ID card; all others, call 1-888-98-AETNA (1-888-982-3862).**

This material is for information only and is not an offer or invitation to contract. An application must be completed to obtain coverage. Rates and benefits vary by location. Health benefits and health insurance plans contain exclusions and limitations. Not all health services are covered. See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by location and are subject to change. Health information programs provide general health information and are not a substitute for diagnosis or treatment by a physician or other health care professional. Aetna Rx Home Delivery refers to Aetna Rx Home Delivery, LLC, a subsidiary of Aetna Inc., which is a licensed pharmacy providing prescription services by mail. Information is believed to be accurate as of the production date; however, it is subject to change. For more information about Aetna plans, refer to [www.aetna.com](http://www.aetna.com).

**Policy forms issued in Oklahoma include:** HMO OK COC-5 09/07, HMO/OK GA-3 11/01, HMO OK POS RIDER 08/07, GR-23 and/or GR-29/GR-29N.

**Policy forms issued in Idaho include:** ID COC V001 2015, ID GrpAg02 2015, GR-23, GR-9/GR-9N, GR-29/GR-29N, AL HCOC 02, AL HGrpPol 01 and GR-96814 02.

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