

SPONSORS



SAFETY & ETIQUETTE

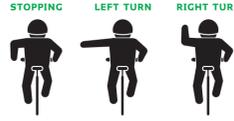
Wear a helmet correctly.

Your bicycle helmet should be snug and level on your head, and sit low on your forehead. Buckle and tighten your chin strap so that no more than one or two fingers fit under the strap.



Signal properly.

Let motorists and other cyclists know where you're going. Check over your shoulder first, then use the appropriate hand signal.



ON THE TRAIL



ON THE STREET



KNOW THE RULES



GREAT PLAINS TRAILS NETWORK

About the Network



The Great Plains Trails Network is a group of citizens who advocate and support a network of trails in and around Lancaster County, Nebraska, for jogging, biking, walking and horseback riding.

The Great Plains Trails Network strives to:

- Secure funding for trails from public and private sources
- Work cooperatively with governmental agencies
- Promote trails legislation
- Provide opportunities for citizens to learn more about trails, their value and appropriate use

Recent accomplishments include:

- Raising \$50,000 to help replace the Bison Trail Bridge
- Participating extensively in the City of Lincoln / Lancaster County Comprehensive Plan Update
- Working with the City of Lincoln to create a comprehensive trail signage master plan
- Developing this new full-color trail map with street-level detail

GPTN Membership

Members are key to GPTN's success. We would love for you to get involved to help make an even better trail experience. There are two easy ways to join, and six levels of membership. All memberships include quarterly newsletters with calendar of trails events, updates on trails news, and tips for trail users.

Annual membership dues are:

- \$5 BASIC
- \$10 TRAIL FAMILY
- \$20 TRAIL ASSOCIATE
- \$50 TRAIL SUSTAINER
- \$100 TRAIL PATRON
- \$250 TRAIL BENEFACTOR

Join Online: GPTN.org

Or complete the attached membership card and mail it back to us:

Great Plains Trails Network
5000 N. 7th Street
Lincoln, NE 68521

Join by Mail

If you prefer to join by mail, please fill out this form, tear off and send to the address below.

Name _____
Phone _____
Email _____
Address _____
City _____
State _____ Zip _____

Check your membership level:

- Basic (\$5)
- Trail Family (\$10)
- Trail Associate (\$20)
- Trail Sustainer (\$50)
- Trail Patron (\$100)
- Trail Benefactor (\$250)

- Yes, I would like to receive updates and the GPTN newsletter by email.

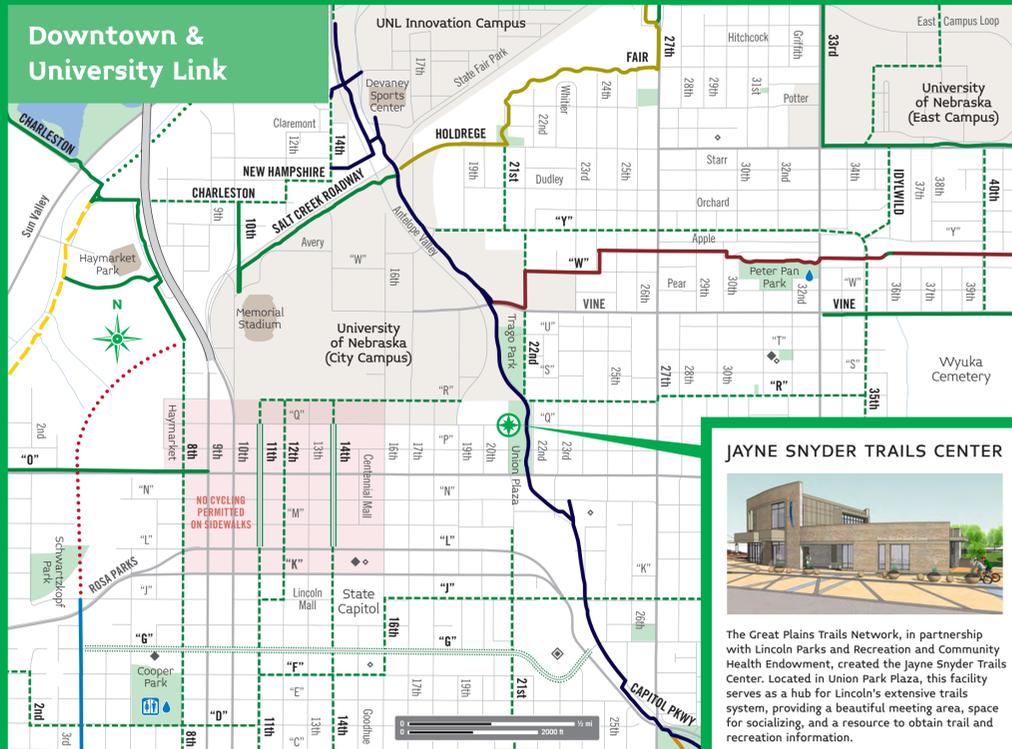
Mail with your check to:
Great Plains Trails Network
5000 N. 7th Street
Lincoln, NE 68521

Memberships in GPTN are not tax deductible. Donations to the Nebraska Trails Foundation to support construction of trails in Lincoln and Lancaster County are tax deductible.

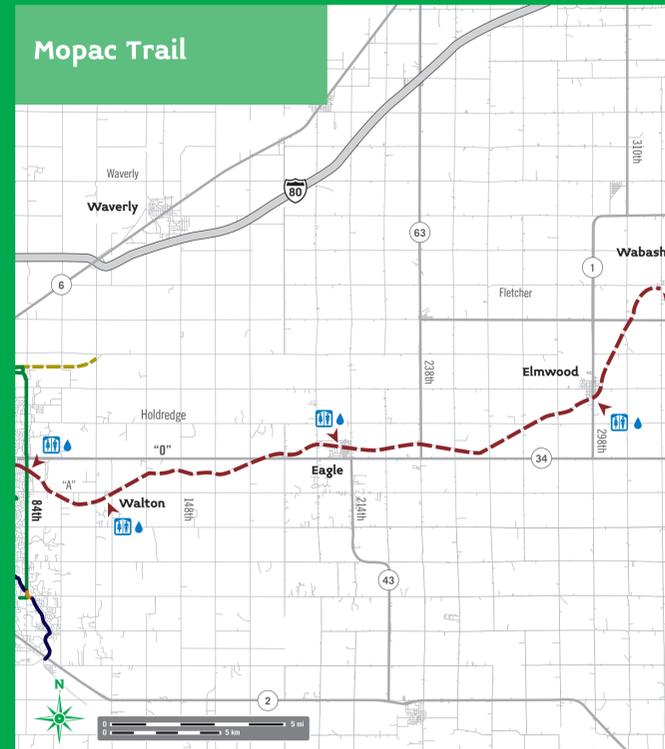
Wilderness Park



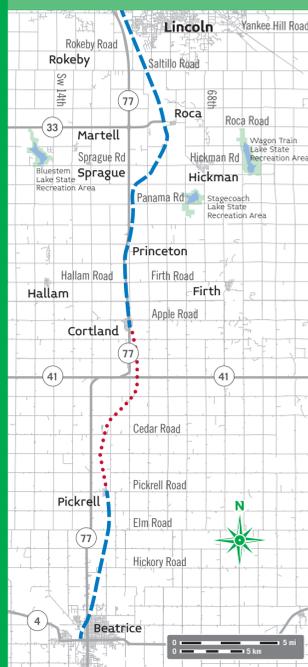
Downtown & University Link



Mopac Trail



Jamaica North / Homestead Trail



Oak Creek Trail

Whether covered by a canopy of oak woodlands or traveling along a ridge with beautiful views, you'll find the 13 miles of the Oak Creek Trail, found 23 miles northwest of Lincoln between Valparaiso and Brainard, invigorating and fun.



RESOURCES

Local Organizations

- Great Plains Trails Network (gptn.org)
- Great Plains Bike Club (greatplainsbikeclub.org)
- Lincoln Track Club (lincolnrn.org)
- Friends of Wilderness park (friendsofwildernesspark.net)

Bike Shops

- Bike Rack (sales, service, rentals) (bike-rack.com)
- Cycle Works (sales, service, rentals) (cycleworksusa.com)
- Joyride Bicycles (sales, service) (joyridebrask.com)
- Monkey Wrench Cycles (sales, service) (monkeywrenchcycles.com)
- Re-Cycled Bicycle (sales, service) (re-cycledbicycle.com)
- Scheels (sales, service) (scheelsports.com)
- UNL Outdoor Adventures (service, rentals) (crec.unl.edu/outdoor)
- The Used Bike Shop (sales, service) (theusedbikeshop.com)

Agencies

- City of Lincoln and Lancaster County (lincoln.ne.gov)
- Lincoln Street Maintenance Operations
- Lincoln Parks & Recreation
- Pedestrian Bicycle Advisory Committee
- StarTran Bus Service
- Lincoln Police Department
- Emergency

PARTNERS

