



Join us on a group walk.

Friday, October 18 at 10 a.m.

Hosted by: Aging Partners Health and Fitness

Join Aging Partners staff for a walk around the VA campus and explore the beautiful grounds and historic buildings, which is particularly gorgeous during autumn. This walk will be casual, and participants can go at their own pace. Staff will be present at all times for support.

Registration is not required—just show up! We will meet at the main entrance of Aging Partners.

For more information, call 402-441-7575.

Save the date for our next group walk: Friday, January 17 at 1 p.m.