



Percentage of Children Grades 4-8 Passing PACER Fitness Test

- 80.1-100%
- 70.1-80%
- 60.1-70%
- 50.1-60%
- Below 50%
- Insufficient Data
- Excluded
- 2023 City Limits

Youth Fitness 2018-19

Cardiorespiratory fitness is a powerful predictor of illness/mortality, and influences academic performance, i.e. the better a student's aerobic fitness, the better their academic performance. In Lincoln Public Schools (LPS), aerobic fitness is measured using the Fitnessgram PACER, a multistage aerobic capacity test. Lincoln's goal is that 80% of LPS students pass* the PACER. In 2018-19, only 19 (27.1%) census tracts achieved that goal.

* Achieving the standardized, grade level aerobic capacity score.