

# Frequently Asked Questions

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## **I've been tested, when will I get my results?**

Results should be available to you in 3-5 days. You should have received a card, with a phone number, to call LLCHD to check your results.

You will be responsible for calling the health department to find out about your results. Results are given over the phone by LLCHD staff.

If you would like a physical copy of your results, please let LLCHD staff know, and we can arrange for you to pick them up at the clinic location.

## **I've been tested, what if my partner has a STI? (What should I tell my partner?)**

It is important for all partners to be notified and tested. Having unprotected sex with a partner who has not been tested and/or treated or if their status is unknown, may result in you contracting a STI. If you are having trouble communicating with your partner, please let LLCHD staff know how we can help.

## **I've been tested and received treatment, what now? (When can I have sex again?)**

It is important for you to discuss your treatment with all partners. It is also important to follow the after-care guidelines that you were given by the sexual health clinic. If you anticipate you may not be able to follow your after-care guidelines, please talk to LLCHD staff.

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## **I received treatment but I had sex again, can I be retreated?**

You cannot receive additional treatment if you do not adhere to your after-care guidelines. You may return to be retested in 3 weeks.

## **How can I avoid reinfection or getting another STI in the future?**

There are several practices that you can use to avoid becoming reinfected with an STI or getting another STI in the future. Consistent and correct condom use during all sexual acts (oral, vaginal, and anal sex), knowing your partner(s) sexual health status, abstinence from sexual activity, and regular STI testing can greatly reduce STI transmission. If you would like to discuss more options or have any questions about keeping yourself safe from STI's, Please let LLCHD staff know.

# Sexual Health Clinic



Lincoln-Lancaster County  
Health Department

3131 O Street  
Lincoln NE, 68510

Call To Schedule  
402-441-8065

**Learn more about sexual health:**

[Lincoln.ne.gov/CHS](http://Lincoln.ne.gov/CHS)



Lincoln-Lancaster County  
Health Department

	What is it?	How Does it Spread?	What are the symptoms?	Timeframe for testing?	STI Clinic	STI Express	Treatment	Can I get it again?
Chlamydia	Bacterial Infection	Unprotected vaginal, oral, and anal sex	Abnormal discharge Burning, itching pain Often no symptoms	7 - 21 days	YES	YES	Antibiotics	Yes
Gonorrhea	Bacterial Infection	Unprotected vaginal, oral, and anal sex	Abnormal discharge Burning, itching pain Swollen testicles Often no symptoms	1 - 14 days	YES	YES	Antibiotics	Yes
Syphilis	Bacterial Infection	Unprotected vaginal, oral, and anal sex	Single sore Bumps Rash	1 week to 3 months	YES	NO	Antibiotics	Yes
Trichomoniasis	Parasitic Infection	Unprotected vaginal sex	Mild Irritation Sever Inflammation Often no symptoms	3 - 28 days	YES	NO	Antibiotics	Yes
HIV	Viral infection of the human immunodeficiency virus that causes AIDS	Unprotected vaginal, oral, and anal sex	Fever Body aches Headaches Night sweats Often no symptoms	1 to 6 months	YES	NO	Antiretroviral Therapy	There is no cure for HIV
Human Papillomavirs (HPV)	Viral infection of the human Papillomavirus	Unprotected vaginal, oral, and anal sex	Genital Warts Abnormal pap Cancer	Routine pap test	Wart treatment	NO	Vaccination is available for prevention Warts can be treated	There is no cure for HPV